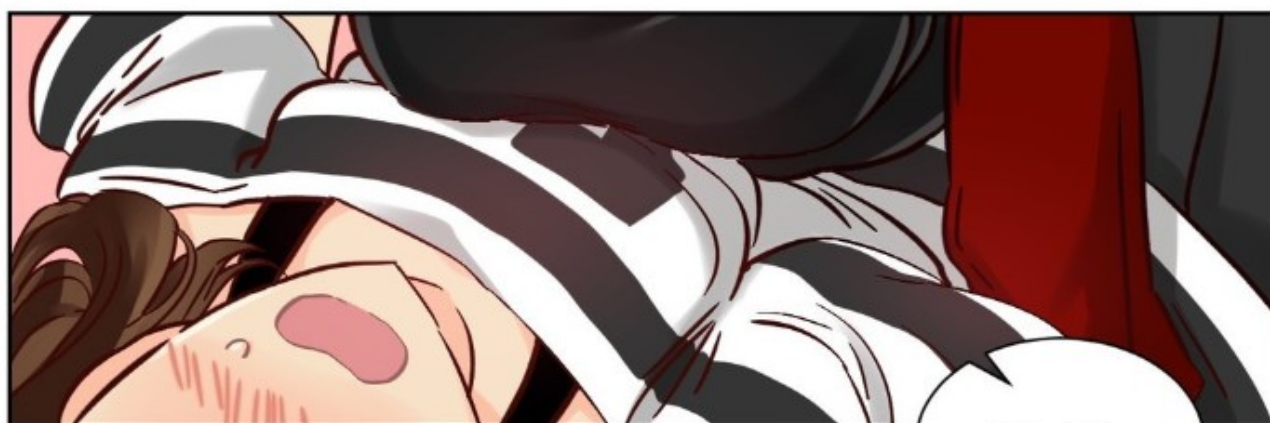




UH, MM...

AND
THEN, LET'S
DO THIS...



N-NEXT...

PULL YOUR
LEG TOWARD YOUR
CHEST AS FAR
AS YOU CAN.

PULL A LITTLE
MORE, JOAN.



W-W-W-WAIT!

MM...UHH...!
AHHHHH!
AGH!

W-WHAT
IS IT? DOES
IT HURT?



N-NO!
IT'S JUST...!

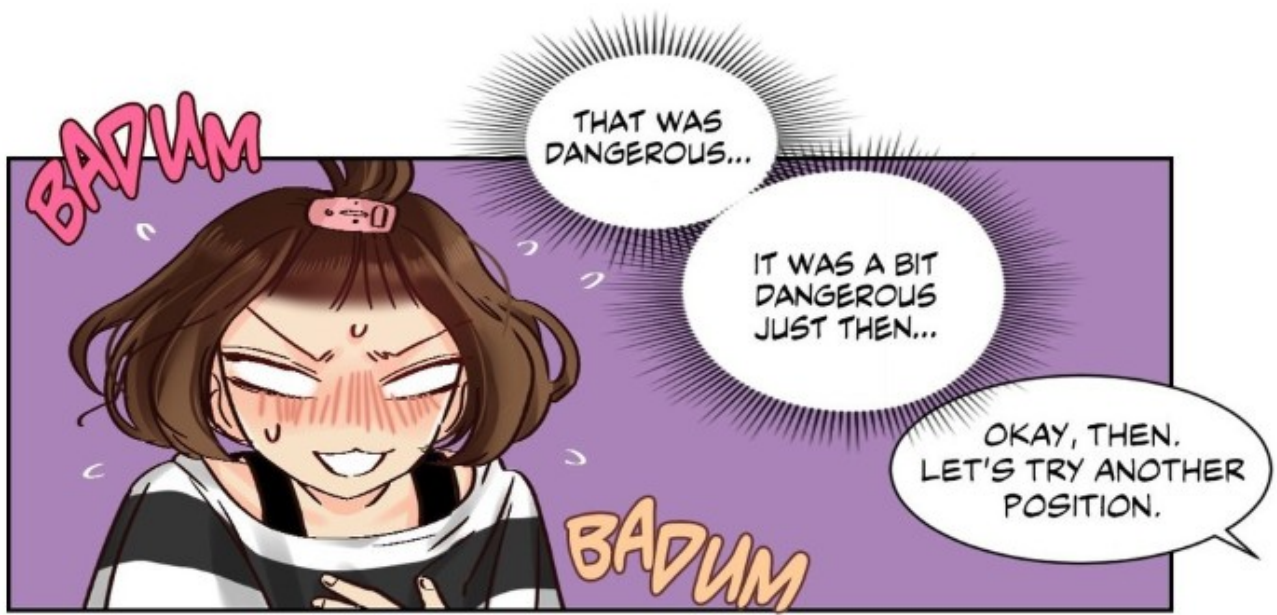
Y-YOUR
CHEST WAS
TOUCHING
ME...!

OH,
GOSH.

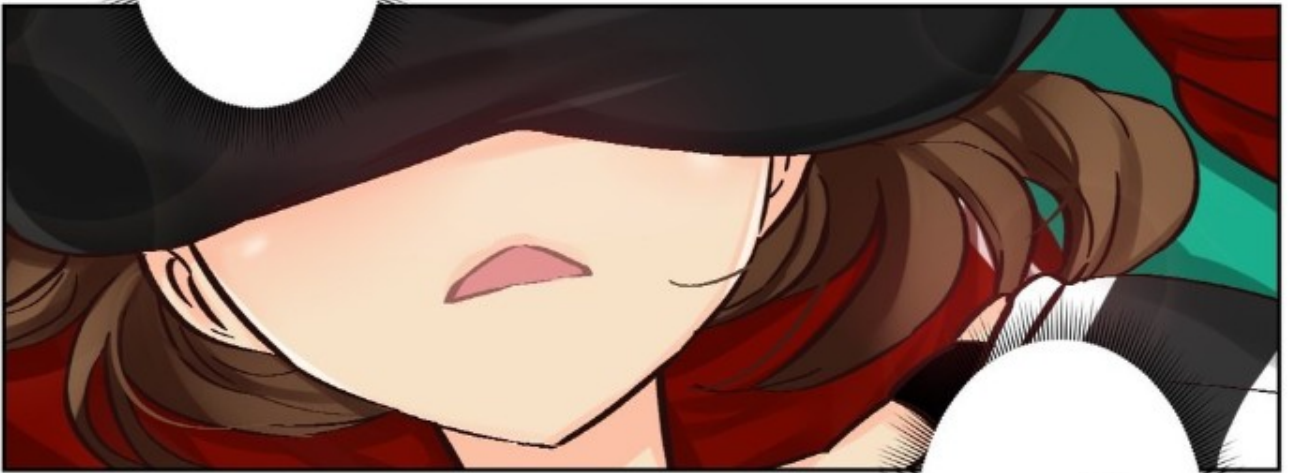
ARE
YOU REALLY
EMBARRASSED
ABOUT THAT?

BADUM
BADUM











YES,
THAT'S IT. LIFT
YOUR HIPS A BIT
MORE.

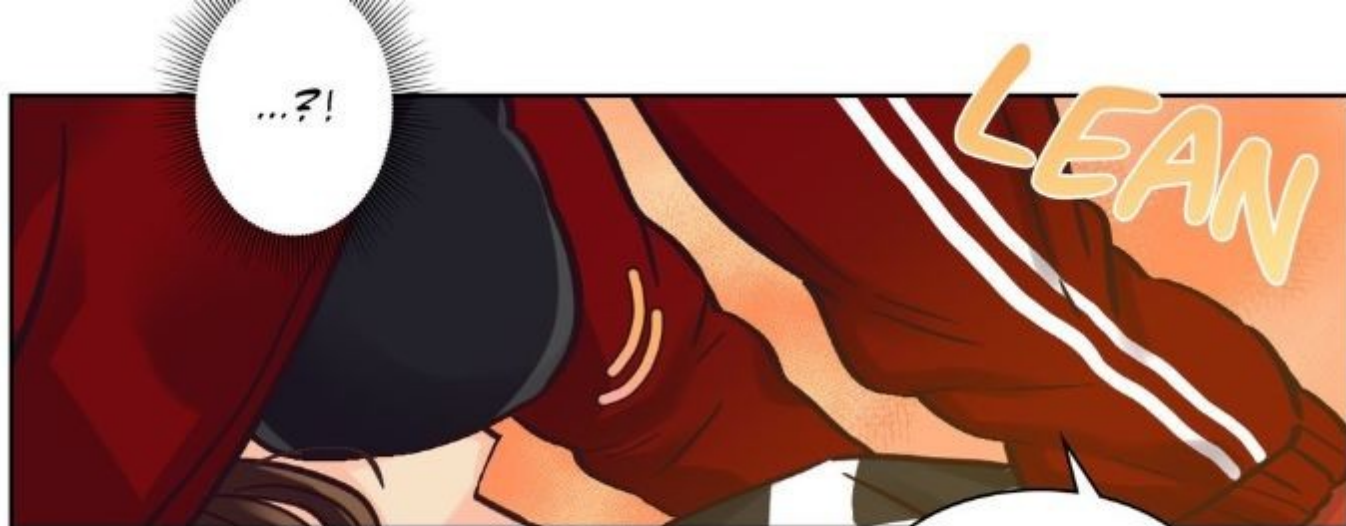
TIGHTEN
YOUR THIGHS.

THAT'S IT.

TREMBLE

TREMBLE

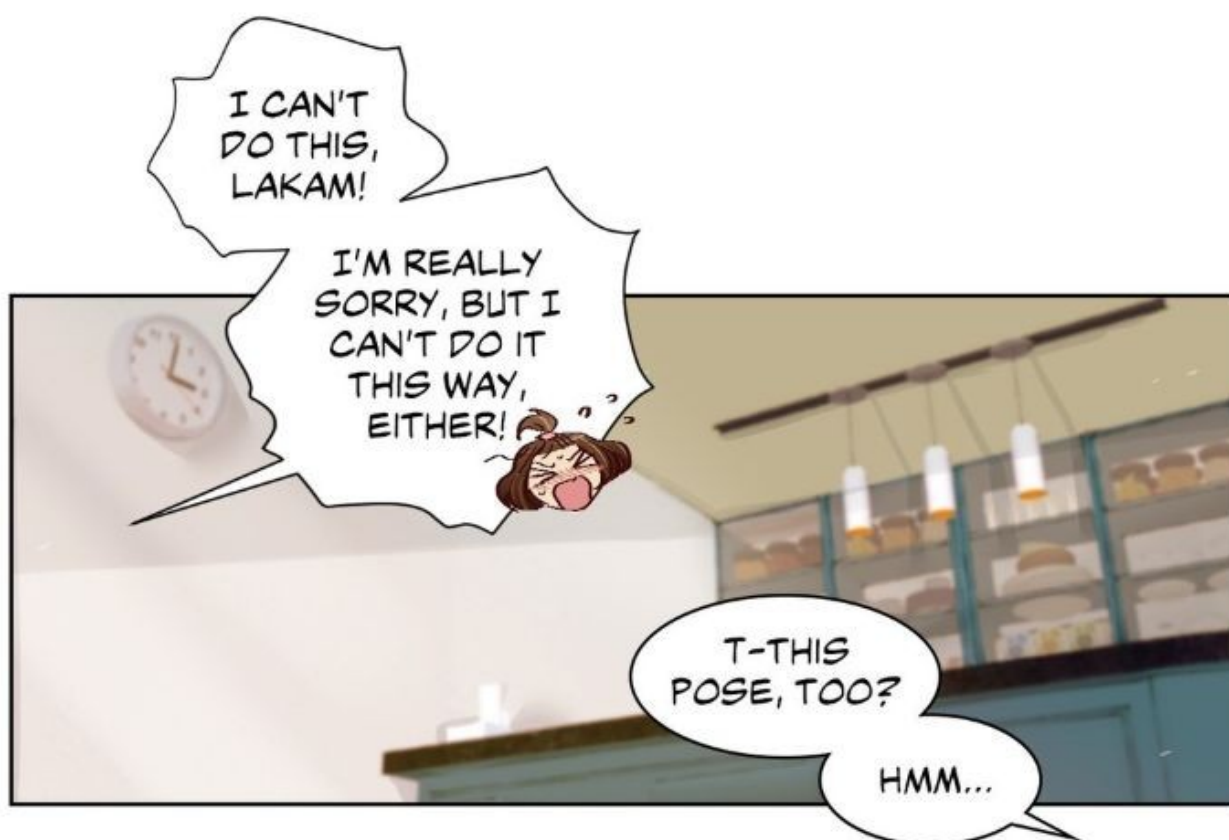




YOU'RE
DOING WELL,
JOAN!



HOLD THAT
FOR TEN SECONDS...
AND THEN COME BACK
DOWN SLOWLY.



LAKAM AND I TRIED
SEVERAL OTHER
POSITIONS AFTER THAT...



BUT EVERY TIME,
THE SITUATION
SEEMED TO GET
AWKWARD...





DROOP

I'M REALLY
SORRY, LAKAM...

THIS IS
TURNING OUT
A LOT WORSE
THAN I'D
EXPECTED...





PHEW,
YOU'RE RIGHT.

I DIDN'T KNOW
HELPING SOMEONE ELSE
EXERCISE WAS SO
DIFFICULT.

MAYBE
THIS WAS
IMPOSSIBLE
AFTER
ALL...



UGH

WORKING
OUT AT
HOME IS TOO
DIFFICULT
FOR ME...

I GUESS
I'LL JUST...
KEEP LIVING WITH
STIFF MUSCLES
FOREVER...

WAIT, JOAN.

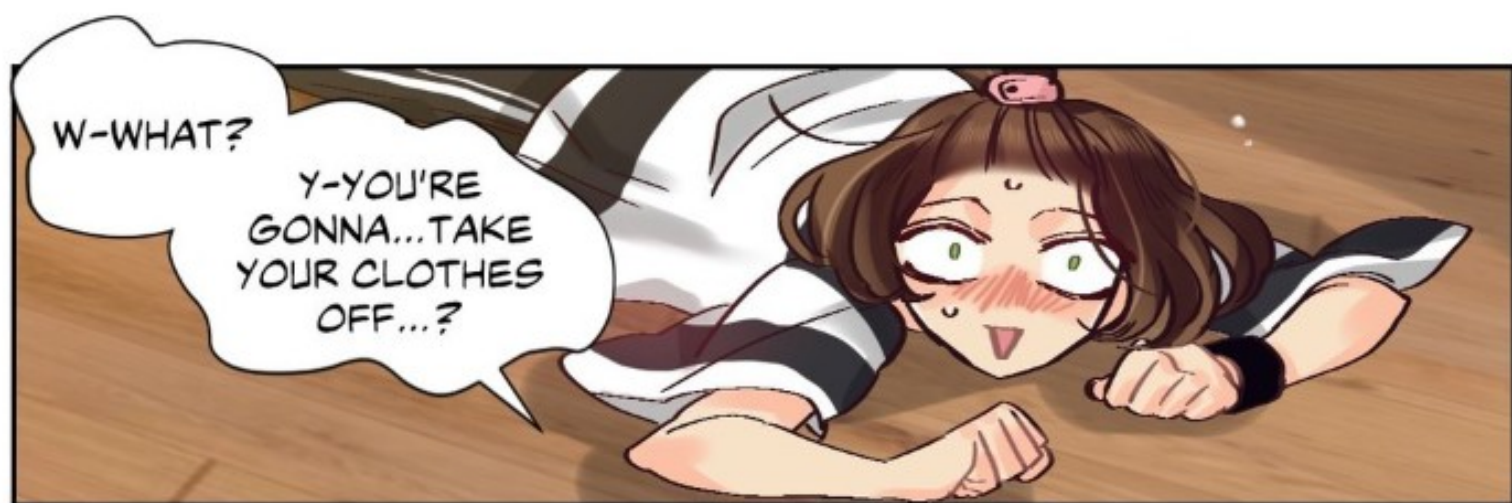


I HAVE
AN IDEA.

WHAT IF
I TAKE OFF A PIECE
OF CLOTHING...



...EVERY TIME YOU
FINISH AN EXERCISE?



YEAH. I
THINK YOU'D
LIKE THAT.

WOULDN'T
YOU WORK HARDER
THEN?



IT IS
POSSIBLE...

...

**LET'S
TRY IT,
THEN!**



MOTIVATED

ALL RIGHT,
THAT'S THE
SPIRIT!





HUH...?
WHAT'S
THIS?!



I'M
SUDDENLY
FILLED WITH
ENERGY I
DIDN'T HAVE
BEFORE...!

YOU'RE DOING
GREAT!



I'LL BE
UNDRESSED
IN NO TIME.♡



WAIT,
T-THIS...IS
UNBELIEVABLE...!



I FEEL AS
IF ALL THE
CELLS IN MY
BODY ARE
JUMPING
AROUND!

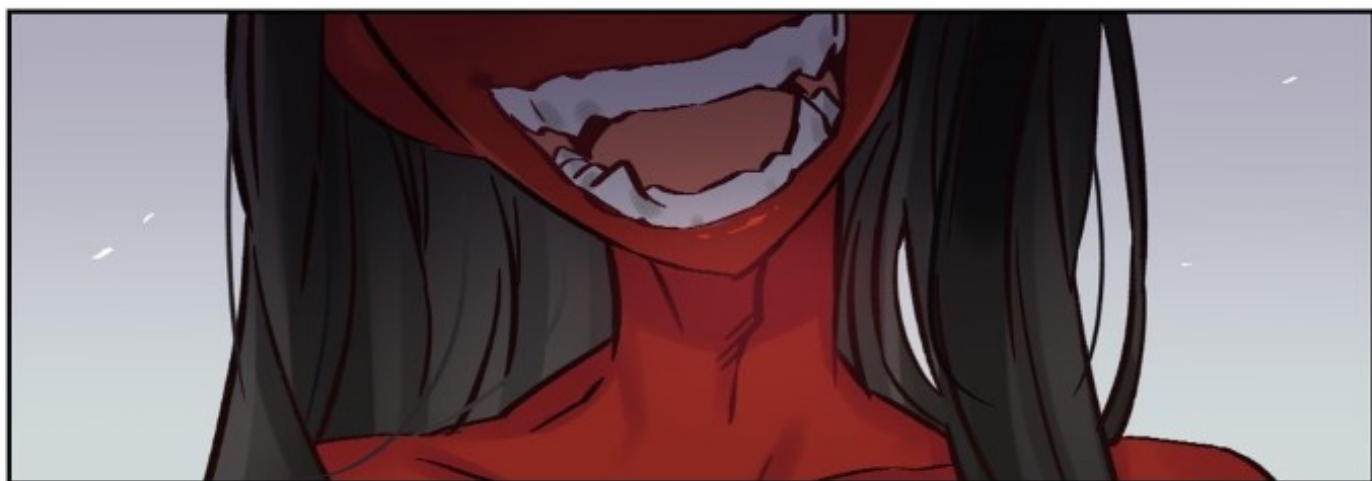
GET A
GOOD LOOK,
JOAN.



YOU'RE ALREADY
HALFWAY DONE!



**ALL RIGHT!
GREAT JOB!**



THAT WAS
AMAZING. YOU
FINISHED IN
NO TIME!





I THINK
WE SHOULD STOP
HERE FOR
TODAY.

YOU'LL GET
SICK OF THIS QUICKLY
IF YOU OVERDO IT FROM
THE BEGINNING.

THAT'S
ENOUGH FOR
TODAY...

...THERE'S
ONE PIECE
LEFT,
THOUGH.



AS
THEY SAY,
IF THE KNIFE
IS ALREADY
OUT...

ONE
MORE...

LET'S
DO JUST ONE
MORE.



WELL...

THEN...

20
MORE
BURPEES.



SWOOSH

UUUUUUUUUUUUUUURGH!

J-JOAN...!
Y-YOU DON'T
NEED TO
OVERDO
IT...!

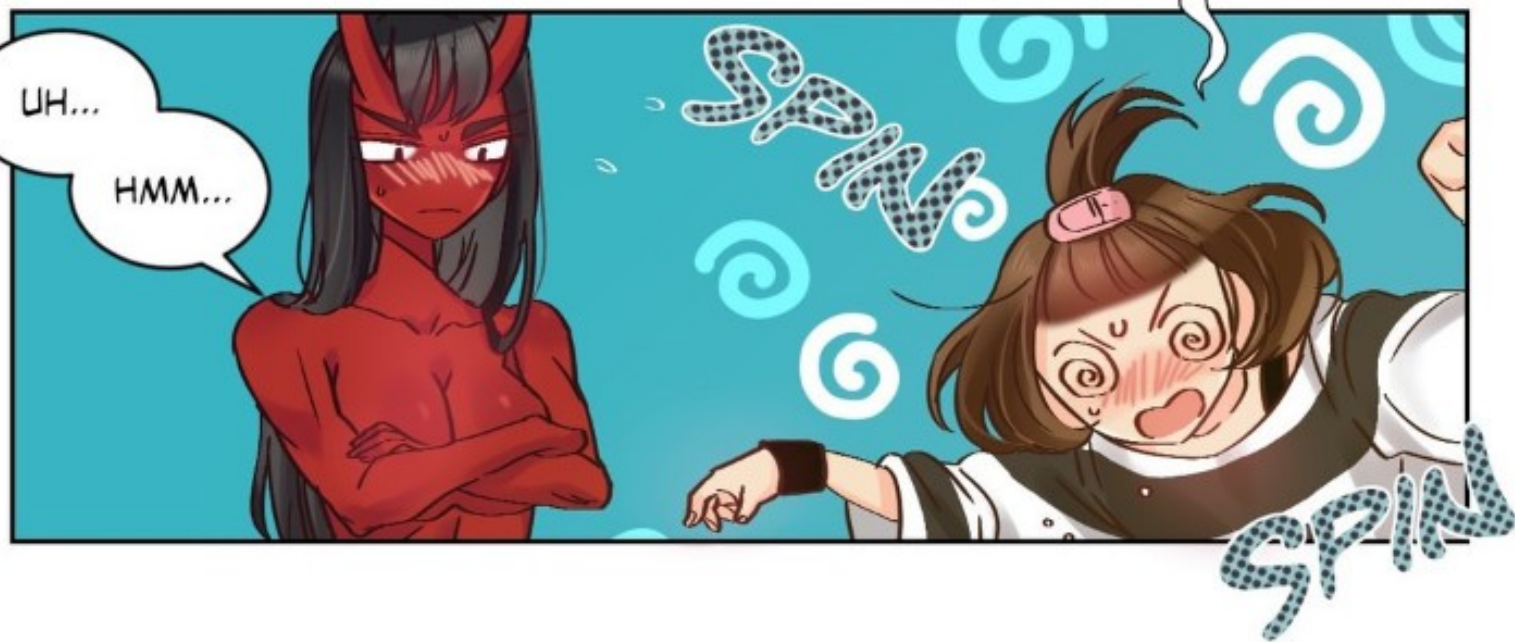


SWOOSH

...I DID IT!

UH...

HMM...



W-WELL...
I PROMISED,
SO I'LL TAKE
THIS OFF...



WATCH ME,
JOAN~♡



OH, AND...

IF IT'S OKAY
WITH YOU...



HOW ABOUT
A SECOND ROUND,
DOING A "DIFFERENT
EXERCISE?"

"IF THE
KNIFE IS
ALREADY OUT,"
WASN'T IT?"





I THINK...
THIS IS IT FOR
ME...



To be continued
in Episode 7...

AHHHH! ARE YOU
PASSING OUT?!
NO! WAIT! HANG
ON A SECOND!

THIS IS WHY
I TOLD YOU TO
TAKE IT EASY!

LAKAM...
PLEASE...BURY
MY BODY...

ON A
SUNNY HILL,
OVERLOOKING
A VILLAGE OF
BEAUTIFULLY
MUSCULAR
WOMEN...

NO...!



