



しほり
あげる
ね♡

+UP

R-18
成人向け



■あらすじ■

ダイエットを決意した和希が出会ったのは
脂肪を吸収する不思議おっぱいをもった女の子だった！

登場人物

■谷本 和希(たにもと かずき)



ひとり暮らしの
フリーター
だらけた生活で
体重が増えてしまい
ダイエットを決意

■今池 ちさ(いまいけ ちさ)



脂肪を吸収する
特殊なおっぱいを
持っているトレーナー
ロリ巨乳コース担当
※脂肪の質量がそのまま
おっぱいになるわけではない

I WANT TO GET THIN AS PAINLESSLY AS POSSIBLE, BUT...

ぽん

I SAW A COMMERCIAL FOR THIS DIET PROGRAM.

女の子と一緒にダイエット!!

あなたの家に
理想の女の子トレーナーが

自宅にしながら簡単に
体重が減らせる!?

かわいい女の子と
シェイプアップ

THIS SEEMED A BIT FISHY, BUT... I WENT FOR IT.

THERE WAS THIS OPTION IN THE MENU THAT INTRIGUED ME.

・希望プラン

○しぼりとっちゃう
ロリ巨乳コース

癒される!
おねーさんコース

レガ
ヤ

NICE TO MEET YOU,
I'M IMAIKE CHISA!

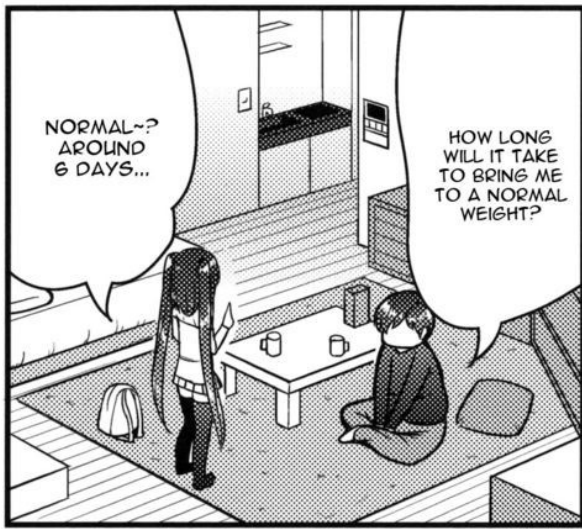
LET'S
WORK HARD
TOGETHER!

HELLO!
THANK
YOU FOR
CHOOSING
ME!

SHE'S
HERE..!

COMING!

ドス
ドス
ドス



NORMAL~? AROUND 6 DAYS...

HOW LONG WILL IT TAKE TO BRING ME TO A NORMAL WEIGHT?



6 DAYS!? ARE YOU GOING TO MAKE ME WORK OUT UNTIL I'M BARELY CLINGING ONTO LIFE...!?

IT'S EASY!

IT WAS A BIT PRICY, BUT THIS GIRL IS CUTTER THAN I THOUGHT!

SHIT, IT'S REAL!

KAZUKI, WHAT ARE YOUR DIETING TARGETS?

UHM,



WE'RE JUST GONNA STICK YOU IN BETWEEN MY BOOBS! ♥

MY BOOBS ARE SPECIAL, YOU SEE.



たゅん

W-WHAT DID YOU SAY?

S- SOFT!?
AND BOOBS
THAT CAN
SUCK FAT?

IF I
HOLD YOU
BETWEEN MY
BOOBS LIKE
THIS...

お

にゅ

OF
COURSE~

THERE'S
A CATCH,
THOUGH.

I'VE
NEVER
HEARD
OF THIS!?

THEY'LL
SUCK YOUR
FAT AND
YOU'LL GET
SLIM IN NO
TIME!



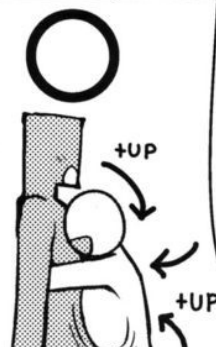
IF YOU DO
THAT, YOU'LL
GET FATTER.

EEH!?

NEVER
EVER
GO FOR
THEM ON
YOUR OWN,
OK?



脂肪UP 乳DOWN



脂肪DOWN 乳UP

IT'S
FINE IF I
PUSH MY
BOOBS
AGAINST
YOU, BUT,

!?

FEEL
FREE TO
ASK FOR
IT~

DONT WORRY!
IF YOU'RE
WORKING HARD,
I'LL GIVE
YOU A TITFUCK
AS A REWARD!

BUT IF
YOU PUSH
YOUR BOOBS
AGAINST ME...
UMMM...

もりっ



I DON'T WANT TO SAY ANYTHING, BUT I THINK SHE'LL GIVE ME A TITFUCK.

TELL ME IF IT HURTS, OK? ♥



OOH! I GOT SLIMMER!

I GOT LIGHTER



LOOK, KAZU-KUN! ♥



LET'S WORK HARD AGAIN TOMORROW! ♥

WHAT A WONDERFUL DIET!!



CHISA'S BOOBS GREW...!

MY BOOBS GOT BIGGER AFTER SUCKING YOUR FAT!

LET'S SEE HOW BIG YOU CAN MAKE THEM! ♥

SO THAT WAS HOW I STARTED DIETING...

IF YOU EXERCISE WHILE I PUSH MY BOOBS ON YOU, IT GOES BY TWICE AS QUICK!

SHE'S BEEN PRESSING HER BOOBS AGAINST MY FOR 48 HOURS...



!!!

むにゅ

ぎゅっ♡

I'LL BE STAYING HERE UNTIL YOU WE HIT YOUR TARGETS.



YOU'RE SLEEPING OVER!?

OF COURSE! YOU WANT TO GET SLIM FAST, DON'T YOU?



I KNEW IT!
♪
YOU'RE HARD AS A ROCK!

CHISA!

WHY DIDN'T YOU TELL ME ABOUT THIS?

しゅっ



THE DIET ISN'T THAT TOUGH, BUT...

AH! I GOT IT!



SO NOW I'M NOT JUST TRAINING WITH HER, BUT LIVING WITH HER AS WELL...?

KAZU-KUN, HOW WAS IT TODAY? WAS IT TOUGH?



NOO!

FUFU,
♪
SINCE YOU DIDN'T SAY ANYTHING, IT'LL HAVE TO WAIT AFTER TOMORROW'S COURSE~
♪



LOOK AT
HOW BIG
MY BOOBS
GOT!

YOU
WORKED
SO HARD
TODAY.



CHISA...!
HURRY!
I'M AT MY
LIMIT!

Haa Haa

THE
NEXT
DAY

AMAZING!
YOUR DICK
IS ABOUT
TO EXPLODE!

Hurry...!
I wanna
put it in
alrady..!



I'LL
SQUEEZE
YOU NOW,
OK?

GEEZ~
NO RUSHING!



SHOOT YOUR
STICKY STUFF
WHENEVER YOU
WANT!

AH
!!!



HERE
GOES!

TYOUR
LONG-
AWAIED
TITFUCK!



FROM NOW ON, IT'S TITFUCKS AFTER TRAINING OK?

YOU WERE SO PENT UP!

AAHN! AMAZING!

I just put it in!



LET ME SQUEEZE IT A BIT MORE!

AMAZING, YOU'VE BEEN CUMMING ALL THIS TIME!

Ah



SQUEEZY, SQUEEZY~

たぶん

SHE'S
HELPING ME
GET THINNER
WHILE TAKING
CARE OF
ME SEXUALLY.

THE AFTER-
TRAINING
TITFUCKS
WERE ADDED
TO THE
REGIMEN.

AHN!



WOW,
AMAZING!



A FEW
DAYS
LATER.

AMAZING,
KAZU-KUN!



YAY!

H-
HURRY
AND GIVE
ME A
TITFUCK...

はいっ



4 KILOGRAMS
LEFT UNTIL
YOUR TARGET!

はあ
はあ



ABOUT
THAT...
THERE'S
SOMETHING
ELSE~



IT'S FULL OF
NUTRITION,
SO I'M SORRY
IF YOU GET
A BIT FAT
AGAIN.

THIS IS
HOW THEY
SHRINK
TO THEIR
NORMAL
SIZE.

MY BOOBS
START MAKING
MILK ONCE
THEY'RE BIG
ENOUGH.

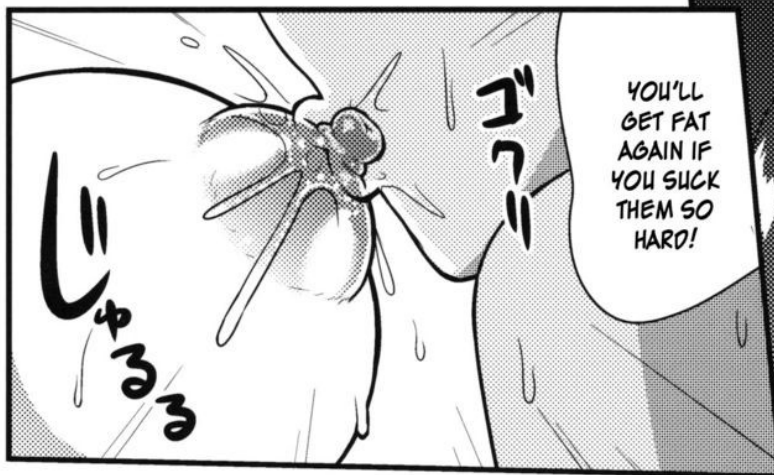
DELISH!

AHN!

STOP, KAZU-KUN!

YOU CAN'T TOUCH
THEM ON YOUR
OWN!

I CAN'T
STOP
MYSELF
ANYMORE!



YOU'LL
GET FAT
AGAIN IF
YOU SUCK
THEM SO
HARD!

AHN!

YOU CANT...
MY BOOBS
ARE SQUIRTING!



NOW
THAT I'VE
GONE THIS
FAR...

I DON'T
CARE
ANYMORE..!

Ah



YOU'RE
NOT GONNA
GET IT EASY
TOMORROW,
OK?

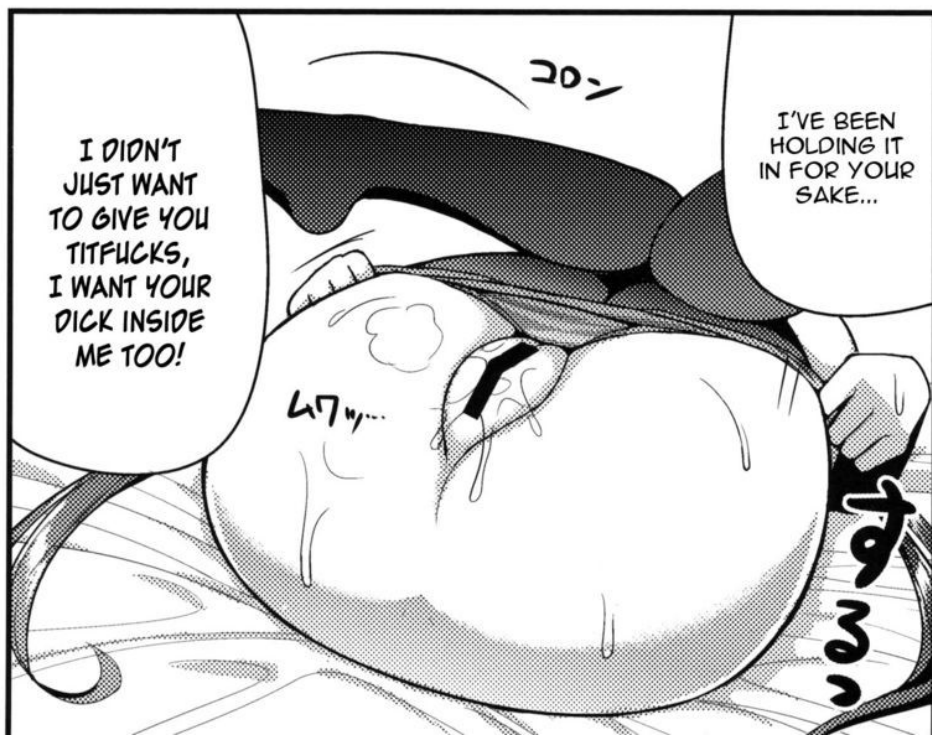
GEEZ...



CHISA...

I'LL WORK
HARD
TOMORROW,
PLEASE...







LET'S DO IT
ALL OVER
AGAIN..
OK?
♥



Ahn
♥

HAA...
HAA...

CHISA!



CHISA!
I DON'T
CARE IF
I GO BACK
NOW!



AHN!
♥



YOU'RE SO
GREEDY,
KAZU-KUN.
♥



SINCE WE'RE
ALREADY LIKE
THIS, LET'S HAVE
TONS OF SEX!
♥ ♥

LET'S FEEL
GOOD
TOGETHER

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PLEASE
GIVE IT TO
ME MORE!

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AAH!!

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IT'S THE
BEST!

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CHISA, THE WAY
YOU'RE SO
OPTIMISTIC
ABOUT THINGS...



CHISA...
I'M GONNA
CUM...!!

LET'S
WORK HARD
TOMORROW!

YEAH

WE'RE BACK
WHERE WE
STARTED...

ぬいん...

Haa

Haa

EVEN THOUGH
I'VE BEEN
GIVING HIM
TITFUCKS
EVERYDAY~

NOW THAT I'VE
FELT AND TASTED
HER BOOBS,
I DIDN'T WANT
THIS DIET TO END.

IN THE MIDDLE
OF ALL THIS
FUN, I STOPPED
CARING ABOUT
MY WEIGHT

I NOTICED
SOME-
THING.

OR
THEY'LL
GET BIG
AGAIN..

AHH, I HAVE
TO MILK
THEM NOW...

AT THIS
RATE, WE'RE
NOT GONNA
GO ANY-
WHERE...

BUT

I...
DON'T WANT
YOU TO
GO, CHISA...

KAZU-
KUN...?

IF I KEEP
GOING BACK
TO THIS...
WE'LL BE
TOGETHER
FOREVER...

IT DIDN'T
LAST
FOREVER.

I FORGOT
ABOUT THE
FEE!

ALRIGHT,
WE'RE
STARTING,
OK!?

AAH!
SEE!
YOU'RE
FAT
AGAIN!

I TOLD
YOU,
NO!

て
3
ん

AFTERWORD

HELLO, SHUZ HERE.
THANK YOU FOR READING THIS.
I POORLY PLANNED MY SCHEDULE THIS
TIME, SO SORRY IF THIS LOOKS WEAK.
I MIGHT NOT HAVE THOUGHT THE NAMES
AND IMAGES THROUGH.

I ACTUALLY THOUGHT OF THIS STORYLINE 3 YEARS AGO
WHEN WORKING ON AN ONESHOTA BOOK.
I KEPT DRAWING MORE AND MORE AS I KEPT REDRAFTING THIS
THE TEMPTATION IS TOO MUCH WHEN THERE'S MILKING INVOLVED.
I HAD TO CUT OUT A LOT EVEN THOUGH THIS IS JUST PORN
I THOUGHT I'D MAKE A SORT OF BAD END FOR ONCE.

GOING BACK TO 2016, WHEN ONE OF MY CHARACTERS GOT
A FIGURE MADE, THAT WAS MY PROUDEST MOMENT.
IT'S NOT LIKE I WAS I WAS SOMEONE WELL KNOWN, AND THAT
WAS A MASTERPIECE TO ME BUT WHEN SOMEONE MADE THAT
OFFER I WAS DELIGHTED!
I WISH 2017 TO BE A GOOD YEAR AS WELL.

I'LL PROBABLY APPLY FOR COMIC 1 IF I HAD THE TIME.
WILL IT BE AN OPPAI LOLI OR AN ONESHOTA? ONLY TIME WILL TELL.

FAREWELL~

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しほりとって
あげるね♡

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ぶるん