



わだぺん。
WADAPEN

なんか、この本を描いていて
新しい自分を発見したような気分☆
女装をしたときの、
嬉しいような恥ずかしいような…
この「ムズムズ感」は
やみつきになりそうです♪

Cover Design
Creative・Sano・Japan

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男
の娘
塾

HOW TO BE OTOKONOKO



After

WADAPEN
わだぺん。

おと★娘 SERIES
ミリオンコミックス



SPARKLE!! LADYBOY SCHOOL

Lesson 0	Prologue	5
Lesson 1	Bra	15
Lesson 2	Wig	33
Lesson 3	Girdle	51
Lesson 4	Cozrset	69
Lesson 5	Crossdressing Your Heart	87
Lesson 6	Makeup	105

ILLUSTRATED STORY

I'm Sure I can...	133
Prologue	137
Ribbon	141
Skirt	145

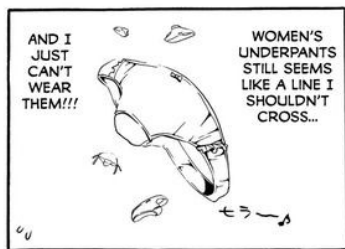


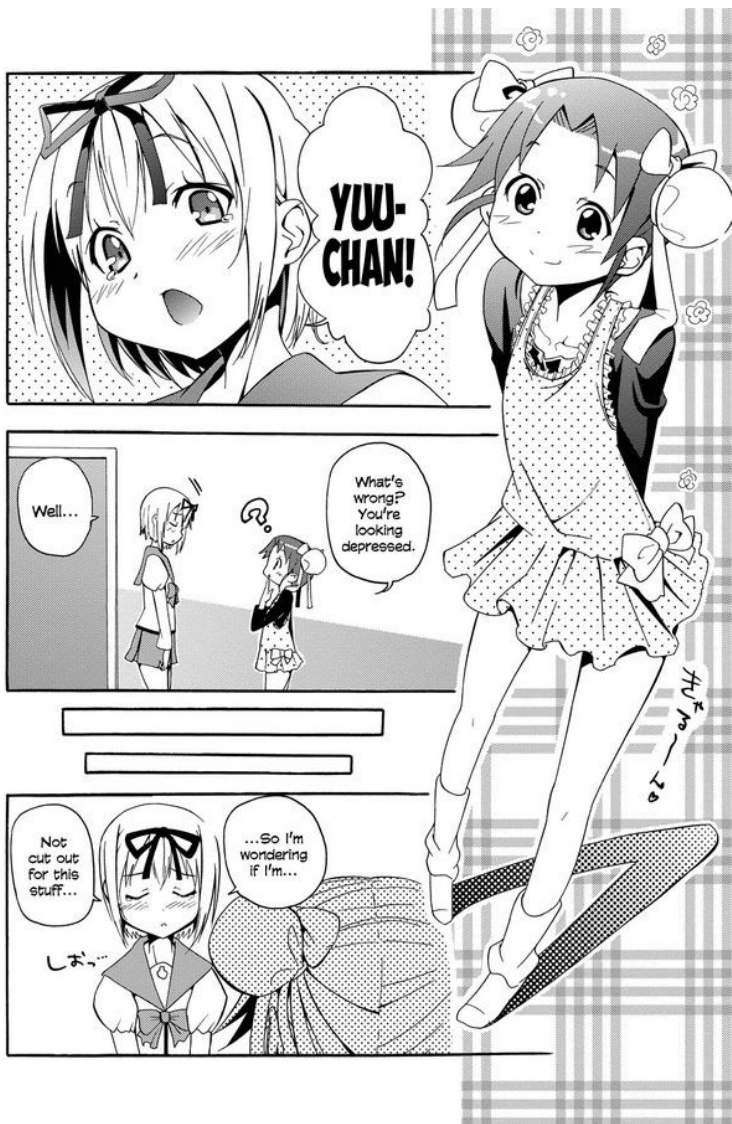


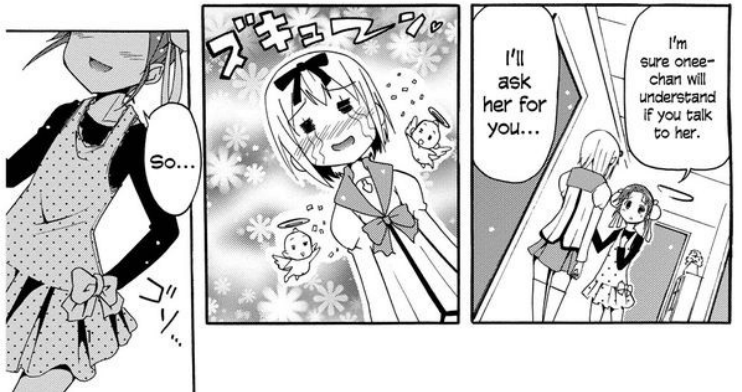
6



5







天瀬京の前の装束

Let's Be
Otokonoko

THE UNDERWEAR AND OUTER CLOTHING THAT SYMBOLIZES WOMEN IS THE BRA AND THE SKIRT RESPECTIVELY. USE YOUR UNDER BUST MEASUREMENTS AS A BASE WHEN CHOOSING A BRA. UNDER BUST IS MEASURED BETWEEN 4 AND 8 CENTIMETERS BELOW YOUR NIPPLES. THE CUP SIZE CAN BE CHOSEN TO YOUR PREFERENCES. IF YOU LIKE LARGE BREASTS, YOU MAY WANT TO TRY BRAS THAT ARE D-CUP OR LARGER. AS A GUIDE WHEN MEASURING YOUR WAIST, YOU SHOULD MEASURE BETWEEN 4 TO 8 CENTIMETERS ABOVE YOUR BELLY BUTTON. SETTING THE POSITION OF YOUR WAIST SLIGHTLY HIGHER MAKES IT EASIER TO CREATE A FEMININE FIGURE WITH A NARROW WAIST AND ROUNDED HIPS.

IT IS ABSOLUTELY FINE TO USE LOW-COST COSMETICS. 100 YEN STORES HAVE A WIDE RANGE OF PRODUCTS AT LOW PRICES, SO BY VISITING ONE YOU WILL BE ABLE TO OBTAIN ALL THE ITEMS AT ONCE. A SMART WAY TO BUY COSMETICS IS TO ADD HIGHER QUALITY ONES AS NEEDED WHEN YOU FEEL YOU WANT TO TRY HIGHER QUALITY MAKEUP.

GATHERING A WHOLE SET OF WOMEN'S ITEMS CAN COST MORE MONEY THAN YOU THINK. CAN I SUGGEST YOU START OFF WITH ITEMS THAT ARE MORE AFFORDABLE THAN CHOOSING ALL THE EXPENSIVE ONES? IF YOU CAN IMAGINE WHAT SORT OF WOMAN YOU'D LIKE TO BE BEFOREHAND, IT WILL HELP PREVENT UNNECESSARY EXPENSES.

CROSSDRESSING IS A SWEET AND CHARMING SPACE FOR IMAGINATION. ONCE YOU GET HOOKED, IT CAN GET HARD TO DISTINGUISH THE LINE BETWEEN REAL LIFE (MALE) AND THE IDEAL (FEMALE), AND THUS HAS SOME DANGERS. YOU MAY GET CONFUSED ABOUT WHETHER YOU'RE A MALE OR A FEMALE. PLEASE DON'T FORGET THE REALITY THAT YOU'RE A MALE. CROSSDRESSING IS SUPPOSED TO BE A SOPHISTICATED HOBBY FOR MALES.



14

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Lesson 0

MENTAL ATTITUDE BEFORE CROSSDRESSING

Author: Mizuha Kaede
Owner of ★Artemis★photo studio exclusively
for crossdressing males



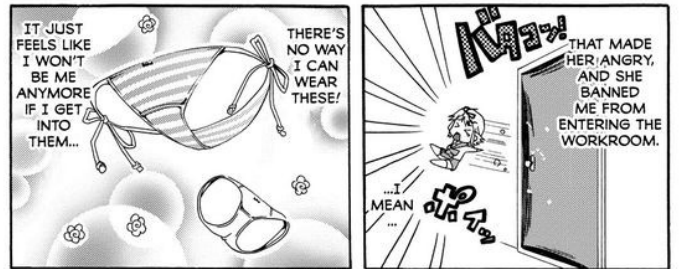
CROSSDRESSING BEGINS WITH "COMING UP WITH A CROSSDRESSED (FEMALE) NAME." THE NAME SHOULD IDEALLY BE A FULL NAME. IT'S NOT ADVISABLE TO CHANGE YOUR NAME FREQUENTLY. IF POSSIBLE, PLEASE COME UP WITH A GOOD NAME BY YOURSELF. AVOID COPYING A FAMOUS PERSON'S FULL NAME, BECAUSE IF YOU'VE MADE A WEBSITE, IT CAN BE FOUND BY ACCIDENT WHEN SOMEONE SEARCHED FOR THAT NAME ON THE INTERNET.

THERE SEEMS TO BE A LOT OF PEOPLE WHO WOULD LIKE TO BEGIN CROSSDRESSING AS A WOMAN BUT UNSURE WHERE TO BEGIN. HERE I'LL INTRODUCE SOME ITEMS THAT WOULD BE REQUIRED FOR CROSSDRESSING AND SOME POINTS TO CONSIDER BEFORE MAKING PURCHASES. ADDITIONALLY, I'LL DISCUSS THE MENTAL ATTITUDES WHEN STARTING CROSSDRESSING.

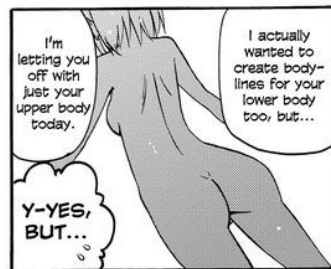
THE ESSENTIAL ITEMS FOR CROSSDRESSING ARE: "UNDERWEAR," "CLOTHING" AND "COSMETICS." IF YOU ARE THINKING ABOUT CHANGING YOUR HAIRSTYLE, PLEASE ALSO CONSIDER A WIG. UNDERWEAR INCLUDES BRAS, PANTIES, AND PANTYHOSES. IF YOU INTEND TO HIDE THE HAIRS ON YOUR LEGS, CHOOSE PANTYHOSES THAT ARE AT LEAST 50-DENIER OR MORE. THE CLOTHING CAN BE CHOSEN FREELY TO YOUR OWN PREFERENCES. THE COSMETICS WILL DEPEND ON YOUR SKIN AND AGE, BUT IF I WERE TO LIST THE REQUIRED ITEMS, THEY WOULD BE: SKINCARE (SKIN LOTION, MILKY LOTION, CLEANSING CREAM), BASE MAKEUP (FOUNDATION TYPE), POINT MAKEUP (EYEBROWS, EYELASH CURLER, MASCARA, EYESHADOW, CHEEK, LIPSTICK).

CHOOSE UNDERWEAR AND CLOTHING OF SIZES THAT MATCH YOUR BODY TYPE. THERE SEEMS TO BE MANY PEOPLE WHO BUY SMALLER-SIZED CLOTHES BECAUSE THEY WANT TO DRESS UP AS A SLENDER WOMAN. HOWEVER, PUTTING THEM ON BY FORCE COULD RESULT IN DAMAGE AND CAN CREATE A WEIRD BODYLINE THAT DOESN'T LOOK BEAUTIFUL. IT WOULD BE A SHAME IF YOU COULDN'T WEAR CLOTHES THAT YOU BOUGHT. SO FOR THE FIRST TIME, AS INSURANCE YOU SHOULD BUY CLOTHES THAT ARE A SIZE TOO BIG.

13









Something like that.

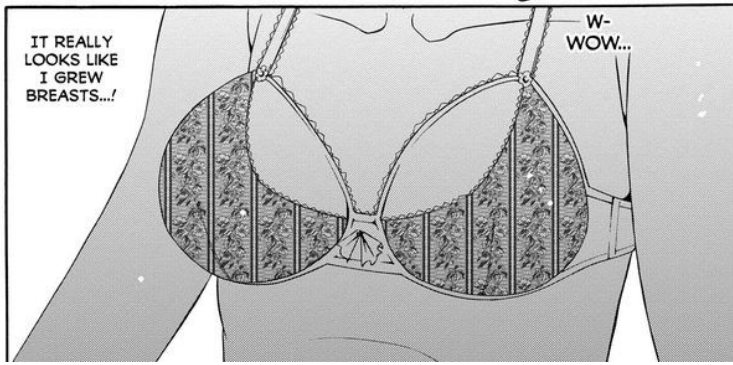
Woah!



bring us the silicon pads.

Yuu,

Yes, ma'am!



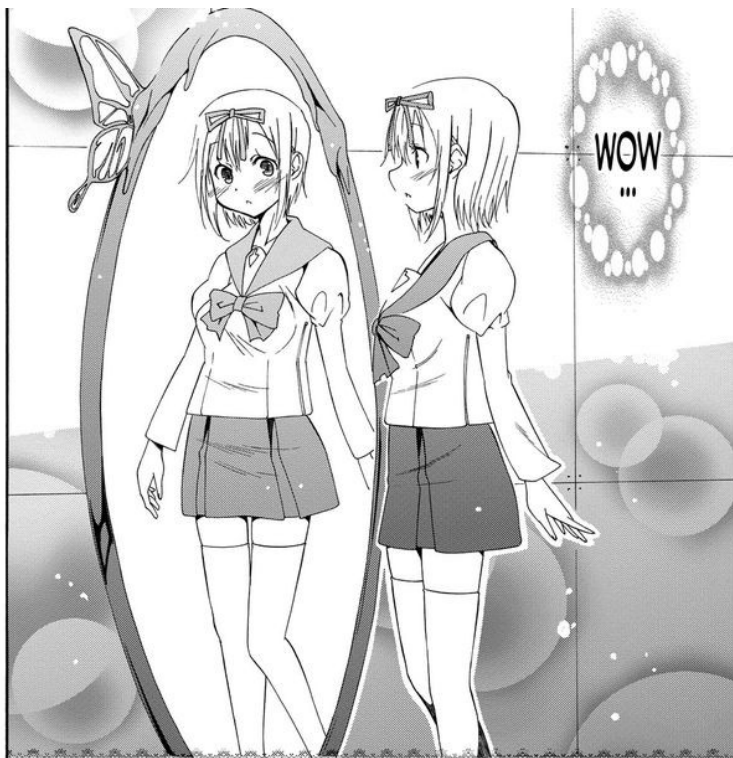
IT REALLY LOOKS LIKE I GREW BREASTS...!

W-WOW...



I'm saying without them it's too loose in here.

Ah ...



COMMON CUP SHAPES OF BRAS

By the way, for the cup shape, I recommend "full cup."

FULL CUP

$\frac{3}{4}$ CUP

It's ideal to create a smooth curve from your collarbone to the top of your busts.

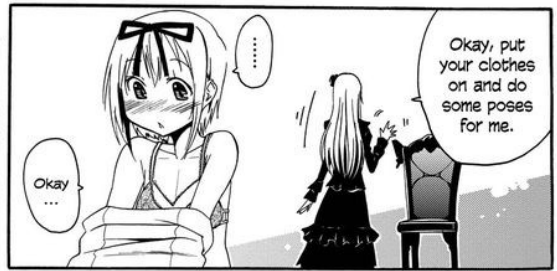
$\frac{1}{2}$ CUP

As I'd expected, B-cups are ideal for boys like you.

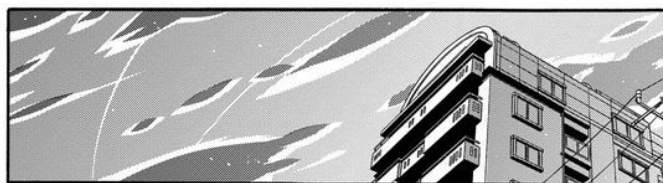
Ones that are too large would look unbalanced.

So these are B-cups...

JUST HAVING LARGE BUSTS WITH SMALL HIPS LOOKS BAD.







式む蠶の善才

Otokonomoko
Let's Be

YOUNGER WOMEN PREFER FASHIONABLE UNDERWEAR THAT OFTEN COVERS SMALL AREAS OF SKIN WITH FABRIC, AND SO THEY DON'T HAVE VERY MANY CORRECTIVE PROPERTIES. PANTY GIRDLES DESIGNED FOR MATURE WOMEN THAT YOU PULL UP HIGHER TO WEAR ARE MORE SUITED TO MEN'S BODIES. HEARING THE WORD "MATURE" MIGHT MAKE YOU RELUCTANT, BUT THEY HAVE GREAT PRACTICALITY, FUNCTIONALITY AND COMFORT. NOT ONLY THAT, THEY ARE OFTEN AFFORDABLY PRICED, AND SO I RECOMMEND OWNING A PAIR.

INTERNET SHOPPING IS A STRONG ALLY FOR CROSSDRESSERS. LARGE ONLINE STORES HAVE A LOT OF LARGE-SIZED UNDERWEAR, AND SINCE YOU CAN ORDER THEM WITHOUT ANYONE KNOWING, IT'S VERY CONVENIENT.



VISITING A PHYSICAL SHOP AND ACTUALLY LOOKING AT THE ITEM WOULD MAKE IT EASIER TO SATISFY YOURSELF ABOUT YOUR PURCHASE. HOWEVER, MOST WOMEN DON'T ENJOY SEEING MALES CHOOSING ITEMS AT A SHOP SELLING WOMEN'S UNDERWEAR. IF YOU ARE GOING TO BUY THEM AT A PHYSICAL SHOP, ENSURE THAT YOU ARE CONSIDERATE TO YOUR SURROUNDINGS.

CROSSDRESSING IS AN ACTIVITY THAT'S ABOUT BECOMING A WOMAN. IT IS ALSO IMPORTANT TO UNDERSTAND AND CONSIDER THE FEELINGS OF WOMEN.

32

Let's Be
Otokonomoko

Lesson 1 HOW TO CHOOSE UNDERWEAR

Author: Mizuha Kaede
Owner of ★Artemis★photo studio exclusively
for crossdressing males



BRAS AND WOMEN'S PANTIES ARE ITEMS THAT ARE PROBABLY UNFAMILIAR TO MOST MEN (UNLESS YOU WEAR THEM IN YOUR DAILY LIFE). I THINK THIS IS WHAT MAKES WOMEN'S UNDERWEAR SEEM MYSTERIOUS, AND ARE ITEMS OF FASCINATION THAT MAKES THE ILLUSION OF BECOMING A WOMAN EVEN STRONGER. HERE I'LL EXPLAIN HOW TO CHOOSE UNDERWEAR AND THEIR FUNCTIONALITY.

LET ME EXPLAIN THE SIZING OF BRAS. FOR EXAMPLE, A75 MEANS AN A-CUP WITH 75-CENTIMETER UNDER BUSTS. UNDER BUST REFERS TO THE PIECE OF CLOTH AT THE BOTTOM OF THE CUPS. REGARDING CUP SIZES, A IS THE SMALLEST, AND GETS BIGGER IN THE ORDER B, C, D, ETC. I WOULD RECOMMEND B OR C CUPS TO LOOK BALANCED ON MEN, AND THE CUP SHAPE SHOULD BE FULL CUPS. CHOOSE A BRA THAT FORMS A SMOOTH CURVE FROM YOUR COLLARBONE TO YOUR TOP BUSTS.



REGARDING PANTIES, THE SIZES ARE COMMONLY WRITTEN AS M OR L. IF YOU ARE A MALE OF AVERAGE WEIGHT, YOUR BUTT WOULD BE SMALLER THAN A WOMAN'S. THEREFORE, YOU MAY FIND WOMEN'S L SIZES TO BE SLIGHTLY TOO LARGE FOR YOU, EVEN IF YOU NORMALLY WEAR MEN'S L SIZED UNDERWEAR.

WOMEN'S PANTIES ARE HIGHLY ELASTIC, AND SO THEY FIT TIGHTLY ONTO YOUR SKIN. IF YOU'RE WEARING THEM FOR THE FIRST TIME, YOU MAY FIND THEM A LITTLE TOO TIGHT. DEPENDING ON ITS MATERIAL AND DESIGN, THEY MAY SQUEEZE YOUR MALE SYMBOLS TOO TIGHTLY. SO TO HELP YOU GET USED TO THE FEELING OF THEM, FOR YOUR FIRST PURCHASE, IT'S BEST TO CHOOSE A PAIR WITH A DESIGN AND MATERIAL THAT GENTLY WRAPS AROUND YOUR SKIN.

ONE OF THE REASONS THAT WOMEN'S PANTIES ARE DESIGNED TO FIT TIGHTLY, IS TO MAKE THE BODYLINE APPEAR MORE BEAUTIFUL. LIKE CORRECTIVE UNDERWEAR, IT IS IDEAL FOR BOTH BRAS AND PANTIES TO BE MADE FROM A MATERIAL WITH HIGH CORRECTIVE PROPERTIES. ONCE YOU'VE BECOME USED TO THE FIT OF THEM, THEN YOU SHOULD CONSIDER MORE TIGHTLY FITTING UNDERWEAR.

31