

ゴキウ!

It's all in this book!

Jun-chan!

Let's do some penis exercises so we can make it even better!

!?

Hi~



His penis really stretches pretty far.



It doesn't hurt, does it, Jun-chan?

I'm fine.

Huh...

Increase Length  
Pull up and down,  
left and right,  
for 10 seconds.  
Stop and release.  
Repeat.

### Enlarge the glans

Rub lotion on semi-hard dick.  
Stroke from base to the head,  
hold for about 10 seconds and release.  
Repeat. (Don't overdo it).



Stroke to the head...



Next is glans enlargement training.

First, we smear it with lotion.

That's cold!



Then peel back the skin.

Uuh!



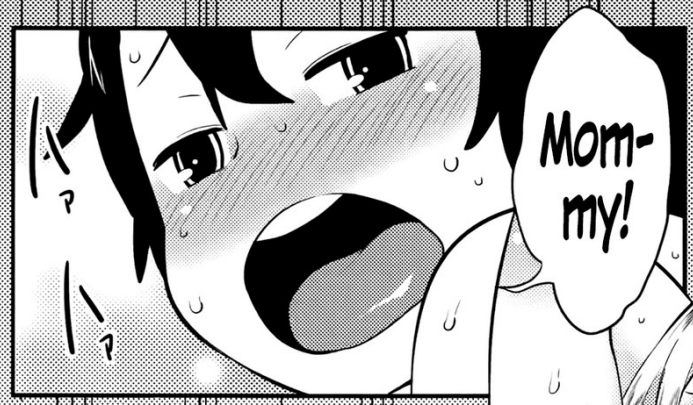
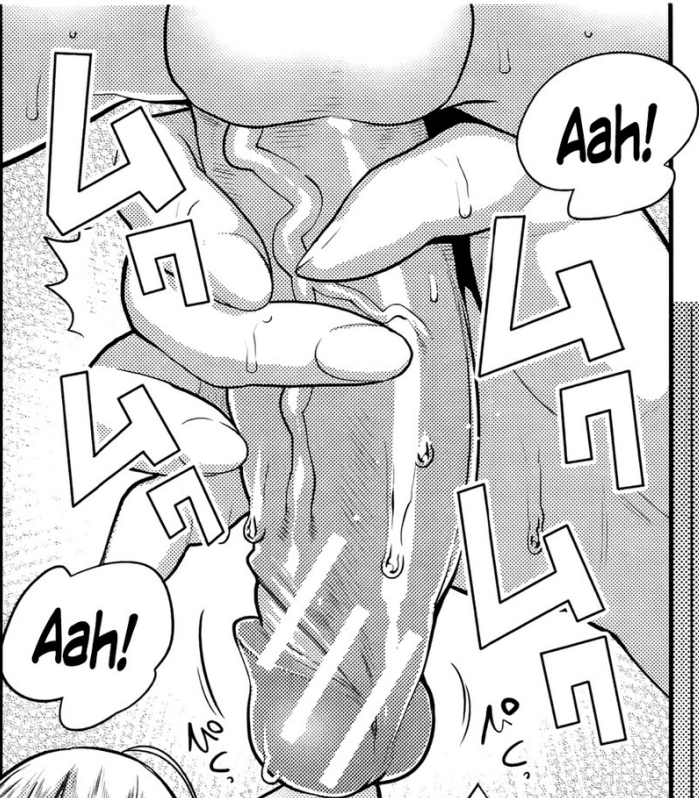
**Milking**  
Stroke as if milking, it will send blood to the glans. Gently repeat.

And now, we milk the penis to enlarge it.

It's just like milking a cow.

Uwah!





Increase Stamina  
Pleasure penis with  
pussy as much  
as possible.



