



# フィット!

PHYSICAL TRAINING!

無道叡智 Presented by mudou | eichi



健全なる近親相姦は健全なる肉体に宿る!!  
兄妹が織りなす愛のマッスルドッキング24P♪



I'm still not happy with that time, though.

Tsukasa, you're incredible! You got an even shorter time on that last run!

Boy, you ran a bunch more today!

Only 'cuz I like running...

You work really hard, Tsukasa...

Sorry for always making you tag along with me, though...

Even though you're not in the club...

Mi-chin... Sayo-chin...

Plus, we're friends~!

Don't worry about it, we like running too...

I gotta get it even shorter before the marathon race!

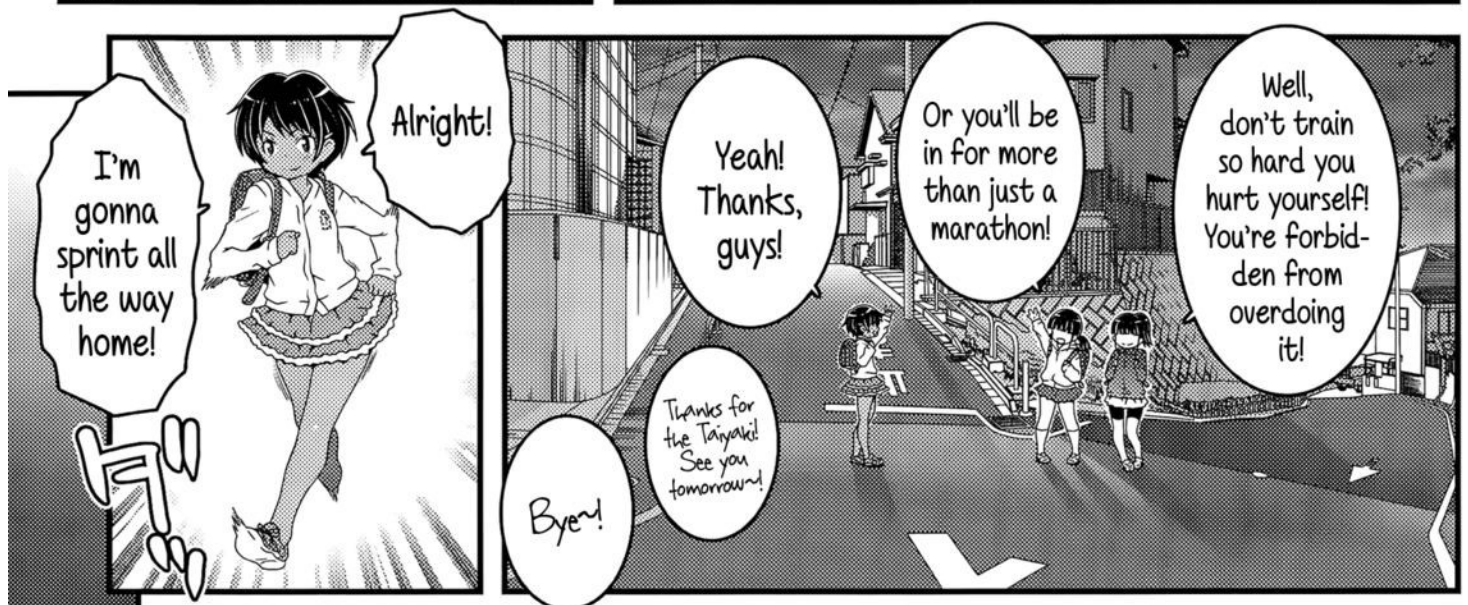
I'm treating you both to taiyaki!!

Thanks!

Ya-y!













Huh...?

Tsukasa...

Your fatigue is building up.

You've been training too hard, haven't you?

N-No, I haven't!

I went running after school, so I have a little discomfort in my legs, that's all...

How much did you run?

Around 20 full sets...?

Carbo-hydrates aren't just sugar content!

After working out, we all ate Taiyaki to replenish our carbohydrates!

There's a real chance you could get hurt, y'know?

I bet you didn't even stretch after working out, am I right?

I'm sorry...

That's not a normal amount of training for a girl in the sixth grade...

Simply running a lot doesn't always lead to the best results.

You've accumulated a bunch of knots, I don't think a leg massage is gonna cut it...

Your calf is so stiff...

I'll examine them.

C'mon, show me your legs.

What are you doing~g!!

Okay!

I just got out of the bath!

I thought you'd be wearing a bra!

Sorry! Sorry!

Nevertheless, we still need to loosen up your muscles...

But... I'm embarrassed...

If you pull a muscle, you won't be able to run anymore.

I won't look at or touch any weird places, okay?!

...You swear?

As an aspiring trainer, I'll massage your entire bo...?!













You've loosened up quite a bit!

One! Two!

He's massaging me the same way as before, but...

maybe because my muscles are moving by themselves...

I can feel Onii-chan's large hands crawling over every inch of my body..!

It feels like he's always just about to touch my naughty places.. I.. can't take this anymore..!

I'm gonna cum..!



No..!

I'm cumming..!













Onii-chan!

Don't forget to do it after every workout to adjust your body!

Now that I've taught you this massage, you can do it by yourself!



I want you to touch me all over...!

I... I want you to massage me more...

can't hold back anymore...!

I...



just a massage!

Don't worry! This is...

I-It feels like we're doing something... naughty, y'know...?

N-No, this isn't something a brother and sister should be doing, I mean...

...!













The training only starts for real when I put this inside you!

If he puts it inside me, we'll be having incestuous sex...

Wah?!

Ta-dah~!

Training!

Yeah, that's right!

T-This is... just training! Right?!

Then I guess it's fine...

Okay!

Onii-chan's pe...nis...

As expected of a track girl!

All that training paid off in the form of a vicelike grip!

Uh... Nh... Gh...!

I'm putting it in...!

went inside... me...!

His... penis...!

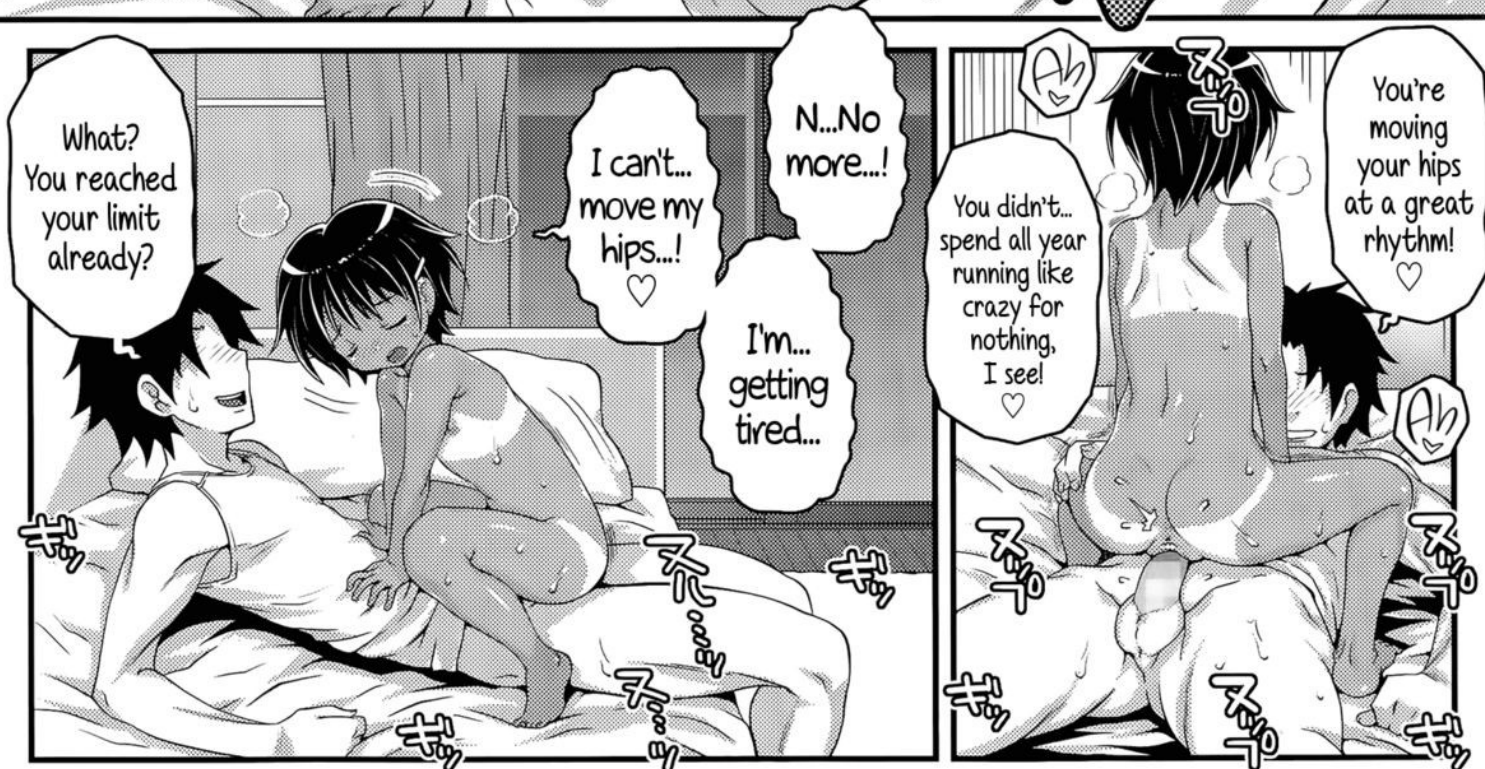




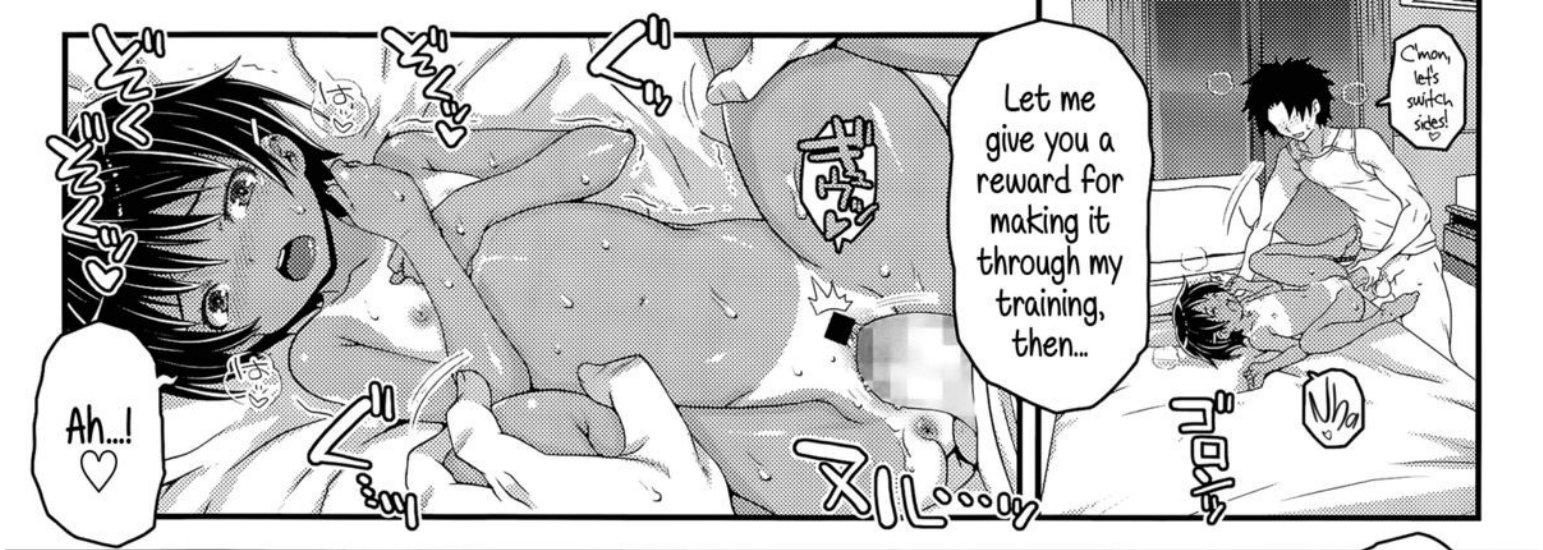
























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