

UH, MM...

AND
THEN, LET'S
DO THIS...



N-NEXT...

PULL YOUR
LEG TOWARD YOUR
CHEST AS FAR
AS YOU CAN.

PULL A LITTLE
MORE, JOAN.



W-W-W-WAIT!

MM...UHH...!
AHHHHH!
AGH!

W-WHAT
IS IT? DOES
IT HURT?



N-NO!
IT'S JUST...!

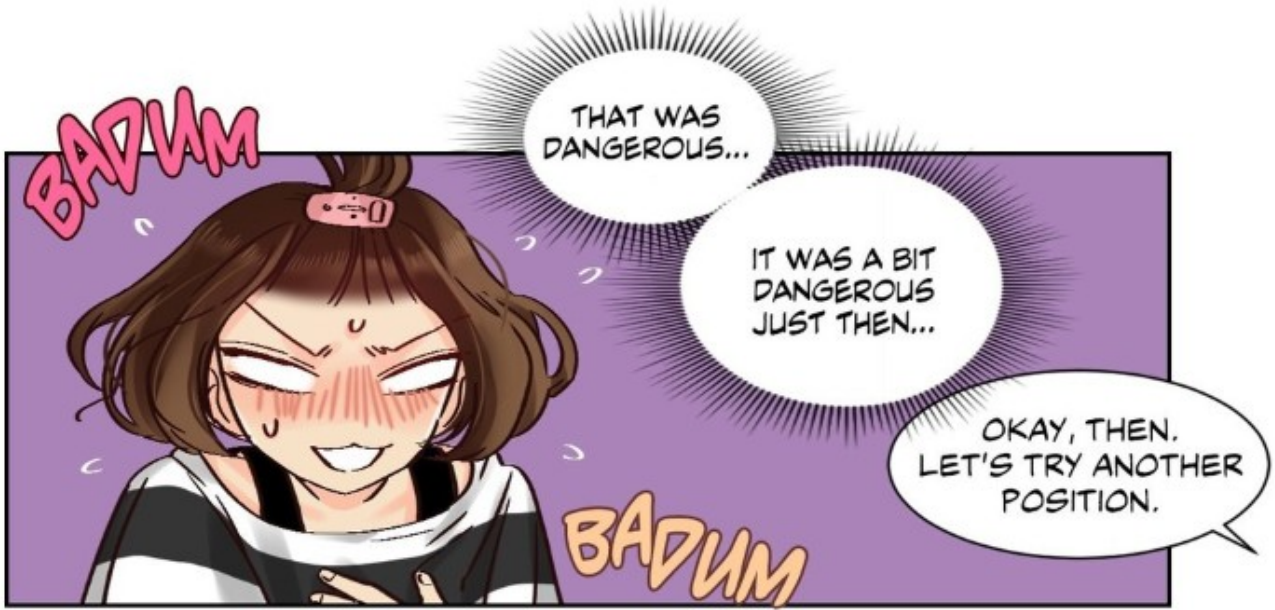
Y-YOUR
CHEST WAS
TOUCHING
ME...!

OH,
GOSH.

ARE
YOU REALLY
EMBARRASSED
ABOUT THAT?

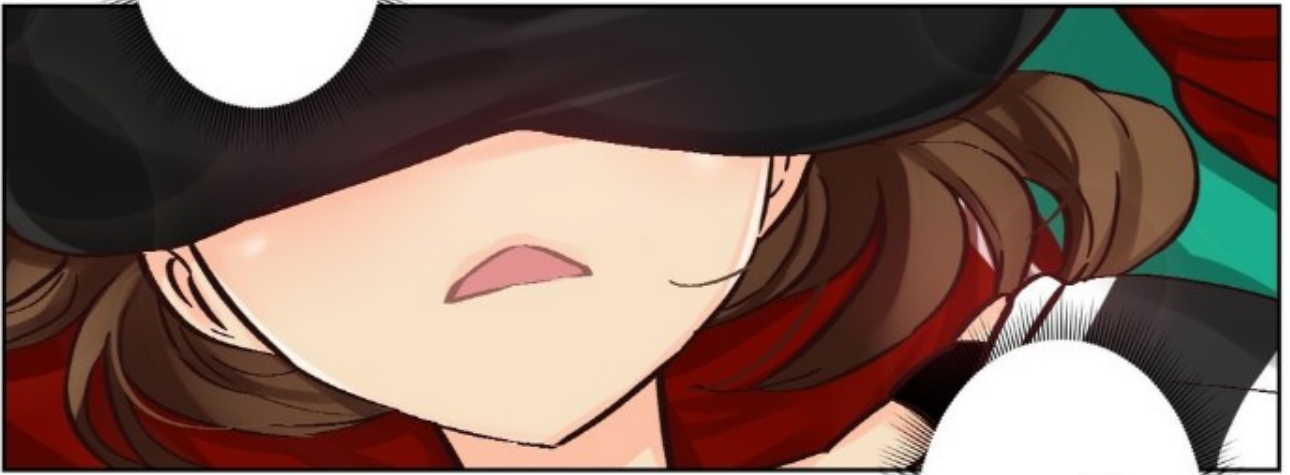
BADUM
BADUM







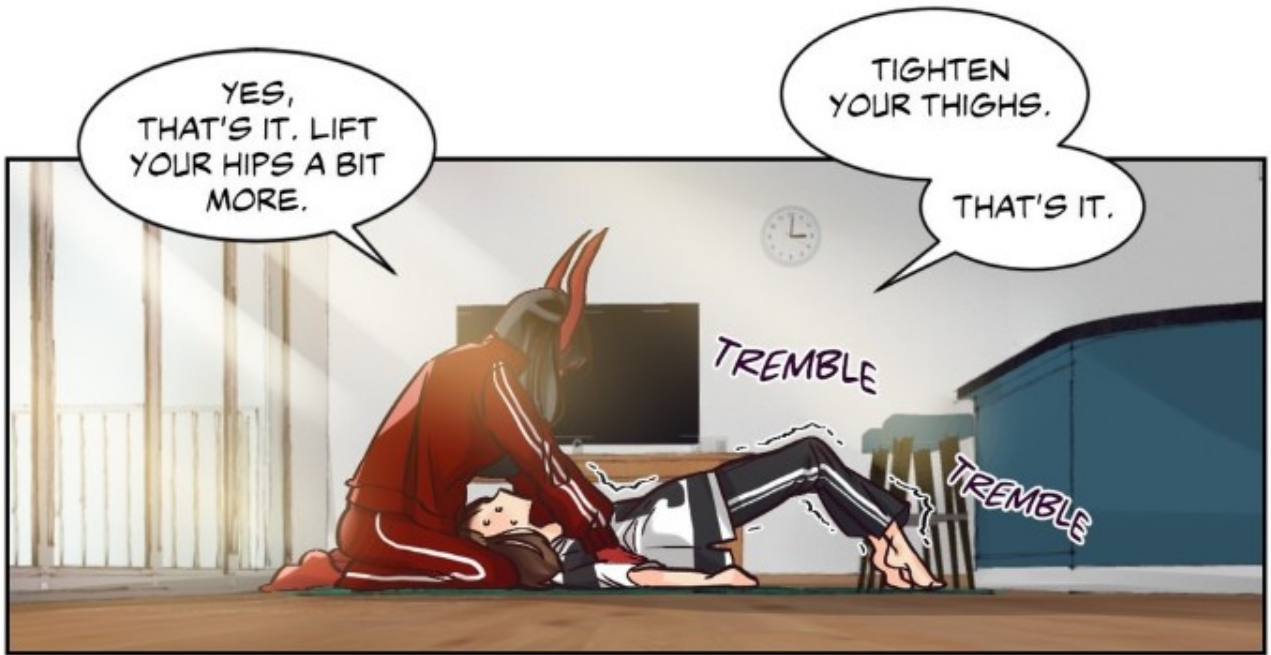
...



...?

DEVIL DROP

GREY



YES,
THAT'S IT. LIFT
YOUR HIPS A BIT
MORE.

TIGHTEN
YOUR THIGHS.
THAT'S IT.

TREMBLE

TREMBLE





...?!

LEAN

YOU'RE
DOING WELL,
JOAN!



HOLD THAT
FOR TEN SECONDS...
AND THEN COME BACK
DOWN SLOWLY.



LAKAM AND I TRIED
SEVERAL OTHER
POSITIONS AFTER THAT...



BUT EVERY TIME,
THE SITUATION
SEEMED TO GET
AWKWARD...





DROOP

I'M REALLY
SORRY, LAKAM...

THIS IS
TURNING OUT
A LOT WORSE
THAN I'D
EXPECTED...





PHEW,
YOU'RE RIGHT.

I DIDN'T KNOW
HELPING SOMEONE ELSE
EXERCISE WAS SO
DIFFICULT.

MAYBE
THIS WAS
IMPOSSIBLE
AFTER
ALL...



WGHY

WORKING
OUT AT
HOME IS TOO
DIFFICULT
FOR ME...

I GUESS
I'LL JUST...
KEEP LIVING WITH
STIFF MUSCLES
FOREVER...

WAIT, JOAN.



I HAVE
AN IDEA.

WHAT IF
I TAKE OFF A PIECE
OF CLOTHING...



...EVERY TIME YOU
FINISH AN EXERCISE?



W-WHAT?

Y-YOU'RE
GONNA...TAKE
YOUR CLOTHES
OFF...?

YEAH. I
THINK YOU'D
LIKE THAT.

WOULDN'T
YOU WORK HARDER
THEN?



IT IS
POSSIBLE...

...

**LET'S
TRY IT,
THEN!**



MOTIVATED

**ALL RIGHT,
THAT'S THE
SPIRIT!**



WHOOSH

**20
BURPEES!**

WHOOSH

HUH...?
WHAT'S
THIS?!



I'M
SUDDENLY
FILLED WITH
ENERGY I
DIDN'T HAVE
BEFORE...!

YOU'RE DOING
GREAT!



I'LL BE
UNDRESSED
IN NO TIME. ♡



15
SIT-UPS!

WOOSH

woosh

WAIT,
T-THIS...IS
UNBELIEVABLE...!



I FEEL AS
IF ALL THE
CELLS IN MY
BODY ARE
JUMPING
AROUND!

GET A
GOOD LOOK,
JOAN.



YOU'RE ALREADY
HALFWAY DONE!



**20
LUNGES!**

**15
WIDE
SQUATS!**

**ALL RIGHT!
GREAT JOB!**



THAT WAS
AMAZING. YOU
FINISHED IN
NO TIME!



I THINK WE SHOULD STOP HERE FOR TODAY.

YOU'LL GET SICK OF THIS QUICKLY IF YOU OVERDO IT FROM THE BEGINNING.

THAT'S ENOUGH FOR TODAY...



...THERE'S
ONE PIECE
LEFT,
THOUGH.



AS
THEY SAY,
IF THE KNIFE
IS ALREADY
OUT...

ONE
MORE...

LET'S
DO JUST ONE
MORE.



WELL...

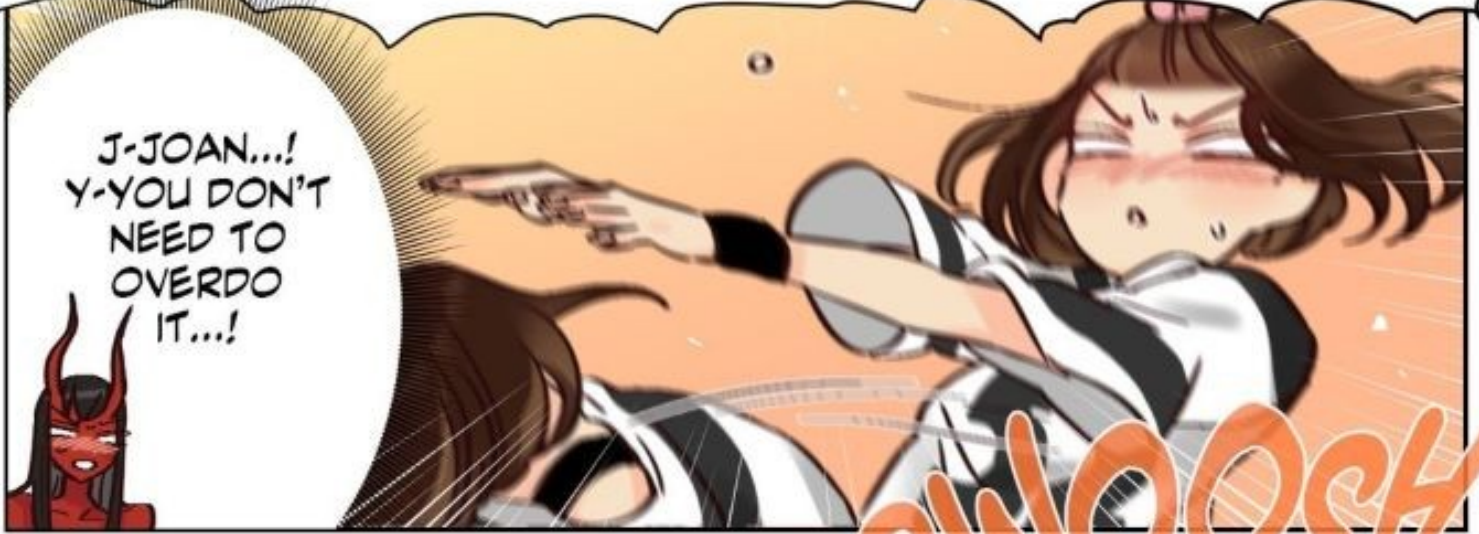
THEN...

20
MORE
BURPEES.



SWOOSH

UUUUUUUUUUUUUUURGH!



J-JOAN...!
Y-YOU DON'T
NEED TO
OVERDO
IT...!

SWOOSH

...I DID IT!

UH...
HMM...



W-WELL...
I PROMISED,
SO I'LL TAKE
THIS OFF...



WATCH ME,
JOAN~♡

WELL.

WHAT
DO YOU THINK,
JOAN?

ARE YOU
PROUD?

KYAAA!



OH, AND...

IF IT'S OKAY
WITH YOU...



HOW ABOUT
A SECOND ROUND,
DOING A "DIFFERENT
EXERCISE?"

"IF THE
KNIFE IS
ALREADY OUT,"
WASN'T IT?"



PSHHHH



HUH?!

JOAN?!
WHAT'S
WRONG?!

I THINK...
THIS IS IT FOR
ME...



To be continued
in Episode 7...

AHHHH! ARE YOU
PASSING OUT?!
NO! WAIT! HANG
ON A SECOND!

THIS IS WHY
I TOLD YOU TO
TAKE IT EASY!

LAKAM...
PLEASE...BURY
MY BODY...

ON A
SUNNY HILL,
OVERLOOKING
A VILLAGE OF
BEAUTIFULLY
MUSCULAR
WOMEN...

NO...!



