

ほけんしつ
保健室の
JKさん編
J 女 装
K 校 生



この作品には
女装っ娘成分が
大量に
含まれております

HSP
We make you Happy & sweet.
Let's have enough Shakin' life.
Please think tenderly of all-
characters!

DOJIN
R18
成人向け

18歳未満の
購入・閲覧禁止

◎ Aneros

The Aneros is a male prostate massager, developed by the Aneros Company in the United States. It can also be used as a G-Spot massager for both men and women.

◎ Aneros Summary

As treatment for various prostate related illness, a doctor may insert his finger into the anus and rub the prostate in order to stimulate the secretory gland into releasing any pus stored inside of it. The Aneros was developed to allow the patient themselves to stimulate the prostate, without needing to insert any fingers or have any special knowledge.

◎ Aneros as a Sex Toy

The Aneros was originally developed as a medical tool used for male prostate massaging, but ever since it was first released, many users have reported experiencing "dry orgasms", orgasms without ejaculation, while using it. The Aneros is currently popular as a dry orgasm-inducing sex toy.

「アネロス」『フリー百科事典 ウィキペディア日本語版』2014年7月23日 (水) 05:52 UTC、URL: <http://ja.wikipedia.org>



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KANATAKE JUN

THE PROTAGONIST OF THIS SERIES. PEOPLE CALL HIM "THE NURSE'S OFFICE JK-SAN*"

ONLY PLAYS A SMALL PART THIS TIME.

ほけんしつ 保健室の 番外編

JKさん

JKさん編

JKさん編



HIME MIZUKI

THE TINY PRESIDENT OF HAKUSHU ACADEMY'S DISCIPLINARY COMMITTEE. ABSENT THIS TIME.

MUROZUMI HIROSHI

HAKUSHU ACADEMY'S HEALTH COUNSELLOR. ALSO ABSENT.

*TL NOTE: "JK" NORMALLY STANDS FOR "JOSHI KOUKOUSEI" (女子高校生), MEANING "GIRL IN HIGH SCHOOL" IN ENGLISH. HOWEVER, THE PUN IS THAT HERE IT MEANS "JOSOU KOUSEI" (女装校生), MEANING "CROSSDRESSING STUDENT" IN ENGLISH.



Preparations #1:
Cleaning
the
rectum



It's said that, when you're not currently feeling nature's call, your rectum is already empty. A forced cleaning of the rectum can have a negative influence on the sexual play itself, so please use a method to clean up that won't place unnecessary burden on your body.



Please wait...

I showed you something so unprofessional right at the start.



I'm very sorry.



Using a glycerin based cleaning solution could cause more excrement to show itself during play, so it's not recommended.

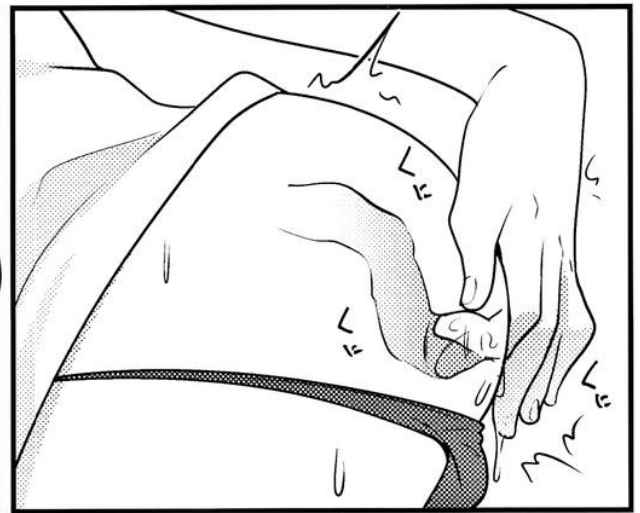
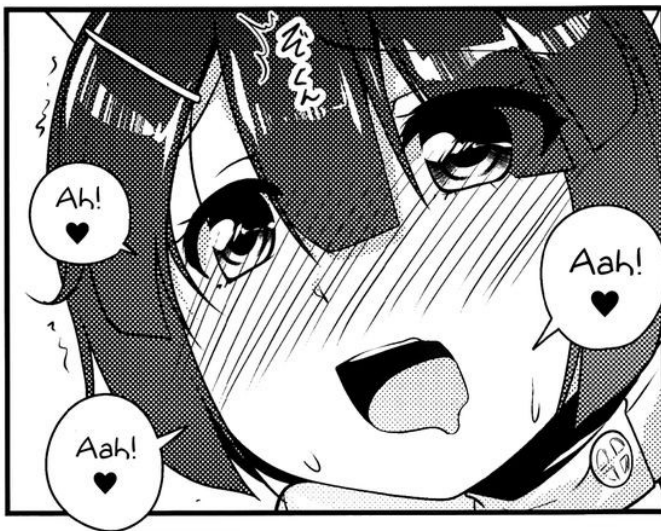
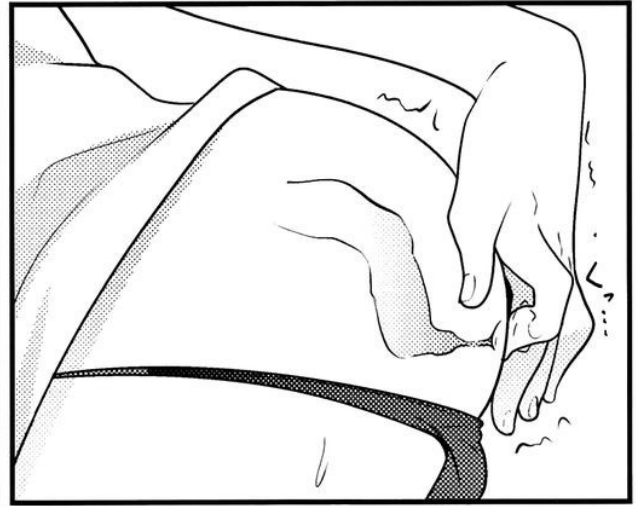
Instead, inject and release some sanitary, tepid water until no more excrement comes out. Getting too fixated may cause more excrement, so after you can't see any more, be sure to finish up.

Preparations #2:
Lotion



Before injecting any lotion, massage the area around your anus with Vaseline, or a similar cream, in order to relax the muscles.





Simply rubbing your penis and masturbating during this time will cause more pleasure than normal, but, at this point, you should instead try to endure and proceed to the next step.



While you're diligently rubbing the area around your anus, you may stimulate the erogenous zone there, causing an erection.

Regardless of how thoroughly you cleaned it, the area around your anus is home to many germs. Use a tissue with alcohol on it to disinfect.



Next is the lotion. This is very important for any exercise involving an Aneros. Being stingy with the lotion could lead to an inability to experience the highest quality orgasms possible. Naturally, you must liberally apply lotion to the Aneros itself, but you must also inject a fair amount into yourself, as well.

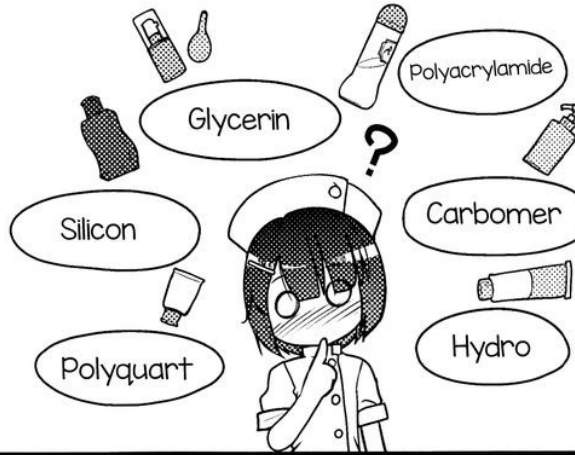
Nozomu is currently holding a syringe normally used to inject lotion into an onahole. These are called "Love♥Injection", and can be bought at any adult shop for about 500yen for a two pack.



It would take too long to explain all the differences for every type listed here, so we'll summarize.

Anything with "poly" in the name over there dries out too quickly and isn't suited for the long play style of an Aneros.

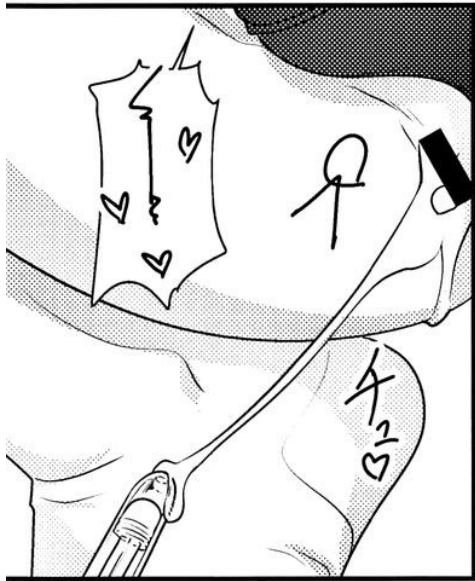
Also, since the Aneros we're using is the "Helix Syn", which is covered in silicon, any silicon based lotions could cause an unwanted chemical reaction, so those are no good. Glycerin, while unlikely, can cause an uncomfortable feeling in the stomach, so it's also best to avoid those.



Also, the type of lotion is quite important when performing Aneros exercises.

"Huh? Isn't all lotion the same?"

That is, in fact, not the case.



...Fu!
...Uuu...!!
♥

Ngh...
...Fuuu!
♥

The price is a little on the higher side, but it's worth trying out, at least once, the lotion that was first developed for the Aneros.

If you're not sure which lotion to use at all, it would be best to try some of the lotion that is sold on the Aneros home page.





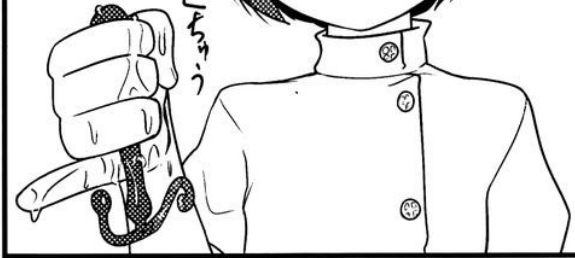
Insertion

...And you will probably be able to imagine what kind of movements it'll make inside you.

Squ-
eeze...

After
smearing
some
lotion
on it...

It's
finally
time to
insert
the
Aneros.



The Aneros
"Helix Syn" is quite
a bit smaller
than the average
dildo, so, with the
massaging around
the anus from
earlier, it should be
able to fit inside
the anus easily.

Fit it in gently.
After it passes
the sphincter, the
squeezing from
the anus should
propel the rest
in almost auto-
matically.

Ngh

Ha!





It's said that the best position when using an Aneros is to lie down side-ways, with your upper leg pulled up to your chest area.

After you've inserted it, simply move into whatever position is most comfortable for you, taking deep breaths until the Aneros stops feeling strange inside you.

Naturally, if that were how things worked, it would be quite inconvenient when having bowel movements. At first, you must gradually enjoy the slight pleasure, collecting all the pleasure into one spot while relaxing.



Don't expect to end up as pictured left..

immediately after inserting the Aneros.



As mentioned before in regards to body position, lying down sideways is the most orthodox, but there are no strict rules regarding position.

Breathe

Breathe

Sideways while hugging the leg simply puts pressure on the stomach, and gives the Aneros easy access to the prostate. However, personal preference is the most important here.

Looking at reviews for the product, there are many positions people enjoy, such as lying face up or face down, crouching, and even on all fours. For those that find they can't dry orgasm, it's recommended to try changing positions.

Ngh

~ 3 ~

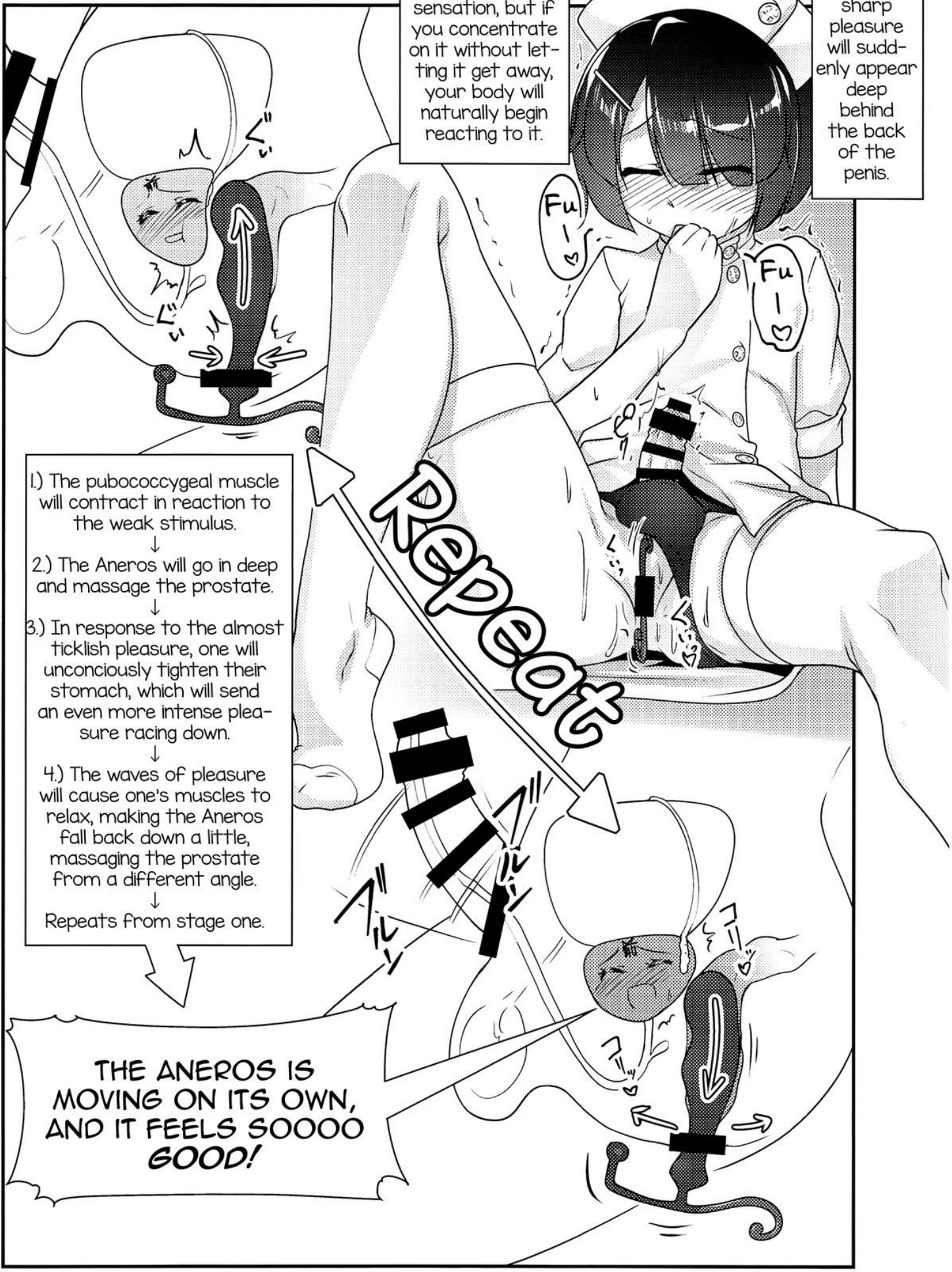
~ 4 ~

Once the Aneros no longer feels out of place inside you, take deep breaths, and try to squeeze and release yourself, as if you were trying to stop urinating. The important thing to mention here is that you should try to do this while having your anus muscles as relaxed as possible.




At first, it will be no more than a small erogenous sensation, but if you concentrate on it without letting it get away, your body will naturally begin reacting to it.

After a while, a sharp pleasure will suddenly appear deep behind the back of the penis.



- 1.) The pubococcygeal muscle will contract in reaction to the weak stimulus.
- ↓
- 2.) The Aneros will go in deep and massage the prostate.
- ↓
- 3.) In response to the almost ticklish pleasure, one will unconsciously tighten their stomach, which will send an even more intense pleasure racing down.
- ↓
- 4.) The waves of pleasure will cause one's muscles to relax, making the Aneros fall back down a little, massaging the prostate from a different angle.
- ↓
- Repeats from stage one.

THE ANEROS IS MOVING ON ITS OWN, AND IT FEELS SOOOO GOOD!



Upon having your prostate massaged repeatedly due to the muscle contractions, your body will begin to get even more sexually aroused.

Because your body will now be focusing on the sexual arousal from your prostate, your penis may return to a half-erect state, or may even go completely flaccid. Cowper's fluid may also begin flowing out, along with waste fluid. This was the original goal of the Aneros.

At this stage, you must endure the urge to play with your penis, and instead entrust your body to the flows of pleasure from your prostate.

Because, unlike normal masturbation, dry orgasms have no clear goal line, such as ejaculation, it is said that some people aren't even sure if they've orgasmed or not.

That pleasure is accumulated in the body and brain, and can eventually lead to an orgasm that would surpass an ordinary ejaculation.

It's very difficult to explain with words or images, but please try to imagine the pleasure of ejaculation to be 100. Now imagine 60 to 70 on that scale being applied several times every few seconds.



This lack of an upper limit is one of the reasons the Aneros and dry orgasms are becoming more and more popular.



With an amount of pleasure that could almost cause one to lose consciousness, but without being able to reach a clear goal like ejaculation, the body instead begins to get more and more sensitive to the orgasms.



is already prepared to ejaculate after the slightest touch to the penis.

After the prostate has been thoroughly massaged by the Aneros, your sensitive body

We've explained in detail dry orgasms, but without an ejaculation, things simply wouldn't end, correct? (For sex manga, as well.)



Unlike the unknown, extreme waves of pleasure you get from dry orgasms with the Aneros, this ejaculation is a familiar pleasure...however, due to the contraction of the pubococcygeal muscle, the Aneros currently inside will then begin to push inside even deeper.



This massaging against the now sensitive prostate will produce a longer, more intense ejaculation than any you've previously experienced.

あとがき

あおきりぺんた

シメキリ！(挨拶)いつもの流れですみません。今年はなんかいっぱいいろんなことがありすぎて、そのしわ寄せが一気に冬コミに来てしまってる感じです。いろんな本のあとがきで同じこと言ってる気がします、来年は周囲に振り回されず、もう少しマイペースな人生を贈りたいなあと、現状まだ真っ白なページ一覧を見ながら思っている次第であります。(締切まであと5日)

と、いうわけで今回は希夢くんによるアネロスの健康的エクササイズ実演漫画？でした。現時点でどんな仕上がりになってるか想像もつかないのですが、思わず抜いちゃうエロさになってればいいな…と願いつつ執筆作業に戻りたいと思います。入稿までにまた時間が取れたら、あとがきの追記があるかも。まるで日記ですね。(12月21日)

只今世間は性の6時間に突入にした所です。私は健全でピュアな大人たちの性癖を歪める締切までのラストスパート(60時間)中。クリスマスケーキ？ああ？んなもんねーよ！！(12月24日21時追記)

締切まで後2時間半です。なんとか形になりました。やりきりました。ねむいです。ひとまず寝ます。楽しんでもらえたらいいな！それでは4日後ビッグサイトでお会いしましょう！！(12月27日6時追記)

あおきりぺんた
2017.12.27

ほけんしつ
保健室の番外編
JKさん編
女装校生

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Translation, editing, QC, proofing, etc: [mysterymeat3](#)
Commissioner: None

Comments: Look forward to the accompanying Youtube video tutorial. This release required almost no editing aside from the intro page and a few sound effects. It's like a dream come true.

[TRAP COMMISSIONS, CROWDFUNDS, AND MANY TRANSLATIONS](#)